

Andy Upper remembered at playground dedication

Bloomington subdivision names Tot Park after former Stone Belt client

Andy Upper wasn't able to use words, but his eyes told what he was feeling and his smile could light up any room. One only needed to read his face to understand his message. His infectious laugh was the one sound that came from him that could be heard, and he used this tool of expression often.

Andy lived the entirety of the 24 years of his life in the Bloomington community. Though he was a person with multiple disabilities, he experienced fully the life Bloomington had to offer. He participated in Stone Belt, school and church, and worked part-time at Sunrise Publications. He was also a regular at concerts and sporting events at Indiana University. Andy loved any activity as long as it involved contact with people. It was a true loss to the community when Andy passed away in 1999.

Park Dedication

On June 30 of this year, the Winger-Stolberg Property Group honored Andy's memory by dedicating the Andy Upper Tots Park in the new Renwick Subdivision in Bloomington. More than 100 people from around the country attended the dedication ceremony, during which guests paid tribute to Andy through speeches, stories and music.

"It was one of the most moving experiences," said Celicia Upper, Andy's mother, about the dedication of the Tots Park. "It celebrated children and it celebrated people with disabilities. What more could a parent ask for?"

Eight-year-old family friend Andrew Webb traveled to the event with his parents from Macon, Georgia. Andrew, born the year Andy died and named after him, performed the ribbon-cutting ceremony.

"After hearing all those speeches, I felt like he was the President of Bloomington," said Andrew.



Bloomington Mayor, Mark Kruzan, attended the event and proclaimed June 30, 2007 as Andy Upper Day. "Andy's integration into the local school system led naturally to his inclusion in the community and gave him an enriched life. At the same time, the residents of Bloomington met an energetic young man who allowed them to see a new fabric in their own lives," said Kruzan. He also joked, "If I had Andy's smile, I would never have to worry about another election."

Well-known local composer, performer and music professor David Baker wrote a song for Andy shortly after his death. A recording of "Aspects of Andy" was played for the audience.

"I noticed that there were different sections that had different rhythms, and feelings," said young Andrew Webb. But while listening, he said he only felt happiness.

Happiness is one thing Andy was known for spreading.

Stone Belt's Connection

Andy, who passed away nine years ago from an unexpected bout with pneumonia, left his mark on Bloomington as an exceptional person who influenced many lives, despite his disabilities.

"Our purpose, and then his purpose, was to integrate him as a person with a disability into the community as much as possible," said Henry Upper, Andy's father.

Stone Belt's relationship with Andy started in 1994 while Andy was still attending Bloomington North High School. An Employment Support Coach began learning Andy's job at Sunrise to better support him after graduation. Upon graduation Andy started attending Stone Belt Day Services while continuing his part-time job at Sunrise, with support from Stone Belt.

Stone Belt, according to Mayor Mark Kruzan, "is one of the happiest, most honest places on Planet Earth." Many at the

dedication commented on the natural connection between Andy and Stone Belt – an individual who celebrated life and an agency that encourages such celebration.

Two of the greatest gifts Andy brought to Stone Belt were his parents, Henry and Celicia, now both long-time supporters and advocates for the agency. Henry is a former board president and continues today as a board member and the chair of the development committee. Throughout their years of service, the Uppers have introduced many new friends to Stone Belt.

"Andy's parents are amazing, kind people who give so much to others. They truly made Andy a part of everything they did. Their generosity knows no limits," said Bitta DeWees, Stone Belt Director of Monroe County Employment and Day Services.

Park's Conception

Plans for the park began three years ago, when Eric Stolberg of Winger-Stolberg, the property group overseeing Renwick, met with Frank Hrismolas, a local physician.

Hrismolas, a long-time friend of the Uppers, suggested the idea of a park in Andy's honor.

"After learning about this young man there was no question that honoring Andy in this way is what needed to be done," Eric Stolberg said.

The park is designed for younger children – and children with special needs – to have a place to slide, climb, swing and run about. It's part of a larger park, Cathcart, which will have pathways, picnic tables and pavilions.

Just outside the gates of the Andy Upper Tots Park, a plaque affixed to a large piece of limestone bears the Uppers' response to the idea of a park in their son's memory and honor.

"A park where children with their friends and family can interact would have brought him the greatest joy in the world in the place he called home — Bloomington."



Andy Upper's parents Henry and Celicia called the park dedication, "a moving experience."



Eight-year-old family friend Andrew Webb performed the ribbon-cutting ceremony. He is named in remembrance of Andy Upper.



The Andy Upper Tot Park is part of a larger park in the Renwick subdivision – Cathcart – which will have pathways, picnic tables and pavilions.



At the dedication, Kassie George spoke about Andy's time as a Stone Belt client.



A dedication attendee enjoys the new playground equipment. The park is designed for children to slide, climb and swing.

from the CEO

Waivers provide resources, support, independence

Christopher got a Waiver and so did Toni and Tina!
As I write this, I'm so excited to share this news with all of you. What exactly does it mean when someone in our community receives a Waiver? A Waiver is financial support from Medicaid — for an individual with disabilities — which allows supports that are more flexible and provides independent living opportunities and choices. Waivers provide individuals with meaningful alternatives to nursing homes, group homes and institutions.

Christopher and Toni have each received what is known as a priority waiver for young adults. For these two young clients, who continue to live at home with their families, these Waivers will provide them with resources and supports that enable them to most effectively live together. These Waivers will enable the families to better manage home life and will help these young people to learn, grow and explore the next steps toward their independent adult lives.

Tina has received a different type of Waiver, one that will allow her to transition from group home living to a supported living arrangement. This means that Tina will now be able to choose an apartment for herself, and to make more independent decisions about what her home life will look and feel like.



Tina's Waiver will assist her in taking what she has learned in the group living experience and applying it to a more independent lifestyle of her choosing. Find out more about the exciting news of the release of new Medicaid Waivers by the State of Indiana on Page 7.

People are getting opportunities and we could not be more excited!

Stone Belt is all about creating opportunities and choices for individuals. We are honored to be a part of this exceptional work each day. In this issue of *Touchstone*, you'll find stories that exemplify our efforts to provide individuals with the resources they need to most fully integrate as members of the community. Our Milestones Program, which will formally debut to the community in October with an open house event and an introduction of our new Doctor (see pages 4 and 5), provides psychological and clinical supports to help our clients maintain healthy lifestyles. Our Manufacturing and Career Advancement Services provide clients with just some of the employment programs that we facilitate to integrate clients into the adult workforce community (see page 6). And our Art & Craft line of products (see page 3) is creating meaningful new opportunities for our clients to explore professional creative expression.

We hope that you will join us for our Annual Celebration on September 24 as we celebrate the opportunities and freedom of choice that we are all creating together!

Leslie Green, Chief Executive Officer

upcoming events

SEPTEMBER 13 / 6:30 PM STONE BELT OF LAWRENCE COUNTY / LAWRENCE COUNTY ARC ANNUAL MEETING

Lawrence County Fairgrounds Expo Building

Join us in recognizing our valuable clients, staff, volunteers and community partners while enjoying a catered dinner.

- For more information contact Kim Hodges at 812-332-2168, ext. 290 / khodges@stonebelt.org

SEPTEMBER 24 / 6 PM STONE BELT AGENCY-WIDE ANNUAL CELEBRATION

Bloomington Convention Center. 302 South College Avenue, Bloomington

Celebrate Stone Belt's 2007 achievements while enjoying a buffet dinner.

- For more info contact Cheryl Paul at 812-332-2168, ext. 261 / cpaul@stonebelt.org

OCTOBER 15 / 5:30 – 7 PM MILESTONES OPEN HOUSE

Stone Belt Adams Street. 550 South Adams Street, Bloomington

Welcome Stone Belt's new Psychiatrist, Dr. Lia Kettenis, and tour the Milestones' facility.

- For more information contact Maureen Gahan at 812-333-6324, ext. 284 / mgahan@stonebelt.org

NOVEMBER 3 / 6:30 PM STONE BELT OF OWEN COUNTY / OWEN COUNTY ARC ANNUAL MEETING

IGA Building. Spencer

Join us in recognizing our valuable clients, staff, volunteers and community partners while enjoying a catered dinner.

- For more information contact Kim Hodges at 812-332-2168, ext. 290 / khodges@stonebelt.org

quarterly donors

Stone Belt extends appreciation to all our generous donors from June 1 to August 31, 2007. We are grateful for their continued support.

CAPSTONE LEVEL GIFTS (\$10,000+): JP Morgan-Chase Bank, Dorothy Dugdale Estate, Innovative Financial Solutions.

PILLAR LEVEL GIFTS (\$5,000 — \$9,999): Community Foundation of Bloomington & Monroe County, Jack Hopkins Social Service Fund.

BUILDER LEVEL GIFTS (\$1,000 — \$2,499): Alexander & Virginia Buchwald, William Corsaro, Arthur & Kay Dahlgren, Forest Pharmaceutical, Daniel & Rosalind Gerstman, Don & Carol-Anne Hossler, Harold & Claudia Lindman, Ed & Mary Lou Otting, Henry & Celia Upper, Wininger/Stolberg Property Group.

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FRIEND LEVEL GIFTS (\$1 — \$99): Venus Abbitt, All Saints Orthodox Church, Miriam Alpert, Bedford Post Office, Louise Blish, Bloomington Bagel Company, Scott & Wendy Bowmar, Beth Brown, Building Associates Inc., Joseph & Betty Deckard, Dorothy Dotlich, Travis Dotterer, Elliot Stone Company Inc., Tom & Alice Ann Ewbank, James & Leota Fulk, Tom Gast, Joan Gann, Gosport Manufacturing Company Inc., Michele Grossman, Gary & Sharon Heard, Henderson Orthodontics, Smith Higgins, Ralph & Shirley Holstine, Hoosier Hills Credit Union, Dale & Loretta Horton, The Irish Lion Restaurant & Pub, Jason & Amy Jackson, Douglas Jones, Living Room Center, Rick Lykins, Nancy Martin, Kenneth & Lois McFarland, Ron & Diana McGovern, Mary McGrayel, Meadowood Retirement Community, Bobby & Sue Meek, Nancy Metcalf, Donna Miller, Kim Miller, Lawrence & Brenda Mitchell, Ray & Marie Murphy, Michael & Jill Candles Northuis, Beth Myers, Teresa Neuhaus, LD & Dorothy Payton, Larry & Peg Pejeau, Ferdinand Piedmont, Jerry Prince, Bob & Nelda Rimstidt, Bertina Rudman, Lorraine Rumsey, Anthony San Pietro, John Perry & Gladys Simmons, Charles & Sue Stillions, Robert & Rita Sullivan, Joseph & Cheri Taylor, Hans & Alice Tischler, Valley Optical, Joann Walker, Richard & Joann Wimmenauer, Steve & Ann Worland, Marion & Mary Young.

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touchstone

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Editor: Cheryl Paul • Public Relations: Stacey Ryner



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ART & CRAFT ROUND-UP

Stone Belt's Art & Craft Mosaics will be on display at Lennie's Restaurant (1795 East Tenth Street, Bloomington) through the month of November. There are 30 total pieces on display including: *Dragon, My Friend Kassie, Rooster, Dog with Ball* and *The Art of Politics*, to name a few. Pieces are priced and available for purchase. Talk to your Lennie's wait-staff to learn how you can take home one of these unique pieces of art.

On September 4 Stone Belt held an Art Opening Reception at Lennie's Brewery to introduce the pieces to the public. Guests met the client artists behind the pieces while enjoying complimentary appetizer. "I enjoyed watching the artists explain their pieces and the methods they used to complete their work," said Charlene Renner who attended the Lennie's event. During the month of July, Stone Belt mosaics were also on display at the Anthem headquarters in Indianapolis. The pieces were hung in the main hallway where staff and visitors could enjoy the vivid colors and intricate textures. Four of the 12 pieces were purchased during the exhibit.

On September 8, Bloomington-based business Textillery Weavers sponsored a Stone Belt Benefit Sale at their showroom. Half of all sales that day were donated to Stone Belt. Stone Belt has earmarked the funds to be used for their Art & Craft projects.

Textillery Weavers, a locally owned business treasure, has a reputation for creativity in design and high-quality, hand-woven products. Textillery is also instrumental in supporting Stone Belt's Art & Craft Mosaics by donating yarns for use in the artwork.

➤ To learn more about Stone Belt's Art & Craft projects call 812-332-2168 or email artandcraft@stonebelt.org



A variety of area agencies support the Hand 'n Hand Project. Several leaders from these partner organizations attended the Ice Cream Social, including from L/R: United Way Director Barry Lessow, Stone Belt CEO Leslie Green, Community Foundation Development Director Pete Rhoda, Stone Belt Development Director Amy Jackson, Hand 'n Hand Founder Carol-Anne Hossler, Community Kitchen Executive Director Vicki Pierce, Hand 'n Hand Founder Don Hossler, and Community Foundation Executive Director Shari Woodbury.

HAND 'N HAND ICE CREAM SOCIAL

On Wednesday, June 27, Stone Belt Arc hosted an Ice Cream Social for the Hand 'n Hand Project at its Tenth Street location. Hand 'n Hand is a collaborative project that benefits hundreds of people, including Stone Belt clients, Community Kitchen food recipients and local community residents. Participating households place non-perishable food donations out every other week, and Stone Belt clients and staff pick them up on daily routes for delivery to Community Kitchen. In 2006, 7% of Community Kitchen's food donations came from Hand 'n Hand. Stone Belt recently received a \$9,200 grant from the Community Foundation of Bloomington and Monroe County to expand the program. Participating in the Hand 'n Hand Project is simple, easy and helps so many people.

➤ To learn more about how you can start making a difference, call 332-2168, ext. 260 or email handnhand@stonebelt.org.

SUPPORT THE 2007 ANNUAL UNITED WAY CAMPAIGN, "CREATING LASTING CHANGE IN OUR COMMUNITY"

Stone Belt encourages you to donate to this year's United Way of Monroe County annual campaign, taking place during September and October 2007. United Way's goal is to raise \$1.4 million to help Stone Belt and other agencies create lasting progress for the people we serve. United Way invests your gift to the Community Care Fund so that it has the maximum possible impact. Community Care funds are distributed to member agencies, including Stone Belt, that have been certified as meeting the highest standards of accountability and excellence. Making a pledge is easy! Call or email their office for a pledge card, or download one from their website. Fill it out and mail or fax it to their office.

➤ United Way of Monroe County
441 South College Avenue
Bloomington, IN 47403
812-334-8370 (phone)
812-334-8387 (fax)
uw@monroeunitedway.org
www.unitedway.monroe.in.us



BEST BUDDIES STAFF VISIT STONE BELT

A group of 60 Best Buddies staff from around the country visited Stone Belt Tenth Street on July 18. They toured the facility and participated in a craft project with clients. The group was visiting Bloomington for their national conference held at IU. Best Buddies is an international organization that pairs persons with developmental disabilities of all ages in one-on-one friendships with other individuals in the community. The group strives is to enhance the lives of people with disabilities by providing opportunities for friendships and integrated employment. ➤ To learn more about the group log on to www.bestbuddies.org.

ANNIVERSARY RECOGNITION

In 2007 Stone Belt launched the Anniversary Recognition program designed to recognize service to the agency. This quarter Stone Belt recognizes two long-term staff members: Margie Morrison and Leslie Green.

Margie Morrison • Manufacturing Services Supervisor, Bedford
The day that Margie started working at Stone Belt of Lawrence County she had a moment in packing a box where she tripped and fell. The clients laughed and she did too. Margie calls this ice-breaker moment one where everyone bonded. This bond has only grown deeper in the 20 years that Margie has worked as a Workshop Supervisor in Bedford. Margie loves watching the clients faces as they learn a new job, "It's like a light bulb goes off and I feel so rewarded."



Leslie Green • Chief Executive Officer
CEO Leslie Green (see picture on Page 2) is the second-longest tenured employee at Stone Belt. She has held various positions throughout the agency during her 28 years at Stone Belt, including her first job, Physical Education Teacher. One of her favorite things about her job is seeing the growth and achievements of clients and employees. "Over the years I've learned that the community is much richer with the inclusion of all people."

LEATHER WORKS HAS RECORD YEAR

2007 was a record breaking year for Stone Belt Leather Works. Membership and association with the Advertising Speciality Institute (ASI), a trade organization, has been very successful in bringing in new customers. Leather Works has been receiving requests for quotes or catalogs every week from ASI distributors around the country who are seeking custom designs. Staff just completed their first international order sending a number of binders to a bank in Ireland and Luxembourg. Currently, Leather Works staff is working on a second order of 300 General's belts for the US Government. They also continue to make a monthly delivery of 100 custom sales binders and carrying cases to Eli Lilly. One unique order from Oliver Winery demonstrates why customers are seeking out Leather Works' services. This local business is preparing to launch a new, higher priced wine under the Creekbend Vineyard label. They approached Leather Works about designing a piece for their sales force — including cork and an actual arrowhead — needing the finished product in a month. Within a week, staff had located a cork fabric. Over the next few days the design was refined based on conversations about how the sales force would use the piece and how the owners hoped to portray the company. The binders were delivered with time to spare to rave reviews. "As always, we appreciate the hard work of our 10th Street manufacturing clients in helping us complete these items and getting them delivered on time," said Larry Pejeau, Stone Belt Director of Sales and Marketing.



our services

Milestones is a certified out-patient mental health clinic offering a wide range of supports. We provide a unique combination of behavior and therapeutic approaches to address mental health needs and provide personal care for each of our clients.

PSYCHIATRIC

Milestones has two psychiatrists on staff. Dr. M. Melinda Weakley is Board Certified in General Psychiatry. Dr. Lia Kettenis is in the process of becoming Board Certified in General Psychiatry as well as in Child/Adolescent Psychiatry. Both specialize in working with children and adolescents as well as individuals with developmental disabilities. Services include: Psychiatric Assessment; Psychiatric Consultation and Medication Management.

BEHAVIORAL SUPPORT

Often individuals exhibit challenging behaviors such as self-injury, aggression, running away or severe tantrums. These behaviors can be frightening, isolating and stressful. Many times to effectively reduce challenging behaviors and increase desired behaviors it is necessary for families or support providers to seek help. Milestones has many services in place to help with such challenges including: Behavioral Assessment/Observation; Behavioral Support Plan Development; Level I and Level II Behavior Management; School-based behavioral supports through Department of Education; Staff/ Family/Caregiver Training; Case Coordination/Case Planning; Crisis Prevention Institute (CPI) Training; Individual and Group Counseling; Human Rights Committee.

COUNSELING/THERAPY

Milestones has Masters-level clinicians and a variety of support services staff available to meet the needs of our clients including: Individual and Group Counseling; Play Therapy; Couples Therapy; Family Therapy; Stress Management; Support Groups; Program Development; Staff Training and Consultation; Family/Caregiver Support and Education; Participation in Care Coordination/Case Planning.

NURSING

Nurses are a valuable support to families by providing experienced medical professionals to coordinate a multitude of services including: Nursing Assessment, Direct Nursing Services; Participation in Care Coordination/Case Planning; Consumer Training and Education; Staff Training; Family Training and Consultation; Medication Administration; Health Related Incident Management; Safety Committee; Agency Health Related Policies and Procedures.

receiving support

Milestones has offices in Monroe, Lawrence and Bartholomew counties, although the majority of out-patient services are offered in the Adams Street, Bloomington location. Appointments are available Monday through Friday, 8 am to 6 pm. Behaviorists provide 24-hour on-call services.

CONTACT MILESTONES

550 South Adams Street, Bloomington, IN 47403
812-333-6324 / 866-569-9127 (toll free) / 812-331-6700 (fax)
milestones@stonebelt.org / www.milestonesclinic.org



program spotlight

MILESTONES



showcasing growth

meet the staff

M. MELINDA WEAKLEY, MD
medical director

Dr. Weakley is a graduate of the University of Louisville School of Medicine and completed her psychiatric residency at the Indiana University School of Medicine. She has over 10 years of experience in providing outpatient and inpatient psychiatric services. Dr. Weakley's practice specializes in assessment, evaluation and medication management of children, adolescents, and individuals with intellectual and cognitive disabilities of all ages.



LIA KETTENIS, MD
psychiatrist

Dr. Kettenis is a graduate of the Washington University School of Medicine in St. Louis. She completed her residency in both general and child/adolescent psychiatry at the University of Iowa Hospitals and Clinics in Iowa City in 2007. Dr. Kettenis' practice specializes in assessment, evaluation and medication management of children, adolescents and individuals with intellectual and cognitive disabilities of all ages.



MAUREEN GAHAN, MAMFT
milestones director

Maureen holds a master's degree in marriage and family therapy from the Christian Theological Seminary in Indianapolis, IN. Maureen joined the Stone Belt team in 1984 and worked for the majority of her career in the community living program, until she transferred to her current position, Milestones Director. She has experience in providing therapy to individuals, children, families, couples, and groups.



MAUREEN KIPP, MSW, LCSW
clinical supervisor

Maureen earned her masters degree in social work from Indiana University and is currently a Licensed Clinical Social Worker in Indiana. She also holds a bachelors degree from Indiana State University in Community Health Education. Maureen has over 10 years experience providing therapy services.



CYNDI WINEGARDNER, MSW, LCSW
therapist

Cyndi graduated from IUPUI with a master's degree in social work and is currently a Licensed Clinical Social Worker in Indiana. She has 20 years of clinical experience providing individual and group therapy to children and adolescents.



BREE RUSSO, MSW, LCSW
therapist

Bree earned her masters in social work from Washington University in 2002 and is currently a Licensed Clinical Social Worker in Indiana. Bree specializes in treating children and adolescents and has worked in a variety of settings including residential treatment, acute care and the school system.



ROSIE FALLS, LCSW
therapist

Rosie earned her master's degree in clinical social work from New York University in 2001 and is currently a Licensed Clinical Social Worker in Indiana. Rosie has had experience working with children and families in a variety of settings, including residential and acute care.



MARI SHAWCROFT, MA
manager of behavior support services

Mari has a bachelor's degree in psychology and social welfare from the University of New Mexico and a master of arts degree in psychology from Chapman University. Mari is also a Registered Behavior Consultant and a certified CPI Instructor.



CONNIE THORNTON, MSW, LCSW
behavioral therapist

Connie earned her masters degree in social work from IUPUI and is currently a Licensed Clinical Social Worker in Indiana. Connie has experience providing individual and group therapy to adolescents and adults with high behavioral challenges.



BRONWYN SHROYER, MSW, LSW
behavioral therapist

Bronwyn received her Master of Social Work degree from Indiana University in 2006 and is a Licensed Social Worker in Indiana. Bronwyn has worked for various youth organizations and enjoys working with children, adolescents and families with a particular emphasis on anxiety disorders.



PAM LARR, MS, ED.S
behavioral therapist

Pam received her Master of Education degree from Indiana University in 2006 and her Specialist in Education degree in 2007. Pam has counseling experience with children, teens and adults with high behavioral challenges. She is trained in Dialectical Behavior Therapy and in treating individuals with personality disorders.



MARCELLA PADGETT, ACSW, LCSW
clinical social worker

Marcella received her master's degree in social work from Indiana University and is a Licensed Clinical Social Worker in Indiana. Marcella spent many years as an adjunct faculty member for the IU School of Social Work. She has more than twenty-five years of counseling experience.



CARRIE KOONS, MSW, LCSW
clinical social worker

Carrie has five years of clinical experience in a residential facility providing individual and group therapy to children and adolescents with behavioral and developmental challenges. She has also worked extensively in collaboration with community social service agencies in providing services to youth and their families.



BJ BENNETT, LPN
manager of health care services

BJ received her nurse's training at Ivy Tech's Bloomington campus in 1997. Before coming to Stone Belt she worked as mental health nurse and skilled care nurse for children with developmental disabilities. She is a member of the DDNA.



TAMMY BARGER, LPN
nurse

Tammy received her LPN license from Ivy Tech in 1996. Since then she has worked as office nurse for a family practice and a clinical nurse at the veteran's out-patient clinic. Before receiving her LPN license, Tammy worked at Stone Belt as a Group Home Manager.



TONES



growth and change

JO BROOKING, LPN

received her LPN license from in 1976. She has worked hospitals and several d care facilities. At Stone ary Jo is the nurse for all elt's Bedford programs.



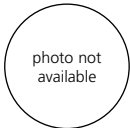
WIGLEY, LPN

earned her nursing license through Ivy Tech ollege in 2004. She has with children with mental disabilities in long- d school settings for a ed 20 years. Bobbi is also a CPR instructor and a member regional and national DDNA.



LEY THAYER, LPN

Thayer received her nursing license from holomew County School ation School of Nursing in efore coming to Stone Belt ked in a doctor's office and different nursing homes. is the the nurse for Stone Belt rograms.



K HENICO

coming to Stone Belt, Mark had e experience in the Indiana are System. His work at nes takes him into area hools, where he not only supports students, but also acts urce to the school so that they may provide to students without further intervention.



JAMIE SCHROEDER

office manager
Jamie earned her bachelors degree in Public Health Administration from Indiana University in 2002. September marked her one-year anniversary working at Milestones. Jamie has over five years administrative/clerical experience in various aspects of the health care industry.



PHIL LYONS

administrative assistant
Phil has been an employee of Milestones for two years. He was born and raised in Bloomington. Phil has worked several places but feels that working at Milestones is not a job but a privilege. He enjoys the interaction with both clients and staff.



DIXIE JENKINS

administrative assistant
Dixie was hired at Milestones in January 2007. After moving to Bloomington in 1997, she has worked at Family Service Association as Office Manager for 6 years and for Bloomington Psychiatrist, Dr. Chad Schultheis for 3 years.



SHAY GOODEN

administrative assistant
Shay has been an employee of Milestones since May 2005. Previously she worked for Meadows Hospital Outpatient Clinic where she received all of her mental health front office experience.



building updates

Stone Belt's 550 South Adams Street building has reached a finished state after many renovations. Since its purchase in August 2004, the building has gone through many changes, including housing a variety of different programs. Today Milestones occupies the ground level of the building and most of the second floor. One second floor wing is devoted to Stone Belt's Community Employment program.



Here are some changes Stone Belt has made to the building since its purchase:

- west and north entrances made handicapped accessible
- four bathrooms remodeled and made handicapped accessible
- new fire alarm system installed
- replaced/added air-conditioning/heating units built into offices
- purchased furniture and equipment needed for play/family therapy rooms and offices
- added reception area and converted north office to waiting room
- converted computer room into second waiting area plus play therapy room with observation area
- remodeled and sound proofed (added insulation and solid doors) therapy rooms and corridor
- converted four vaults that had no windows, heat or electricity into five offices
- remodeled original mail room to group therapy room and added smaller mail room
- created Stone Belt training room out of upstairs conference room
- painted and/or added new flooring and window treatments to several offices

Recent updates completed this winter include a freshly painted exterior, new landscaping and signage inside and outside the building. Milestones Director Maureen Gahan feels the building is finally set to fulfill long-term needs. "With a lot of hard work the Adams Street building has evolved into the perfect space for our growing program."

donors

Thanks to the generosity of donors in our community, Milestones is now able to provide even greater opportunities that allow children and families to successfully participate in the life of their community.

Local Philanthropists Ray (pictured at right in middle) and Marcy Tichenor have established a donor-designated fund in the Community Foundation of Bloomington and Monroe County. Their wish is to have the income of this fund be directed to support Stone Belt programming for children. The 2006 and 2007 allocations from this fund have been utilized in the creation of a play therapy room at Milestones.



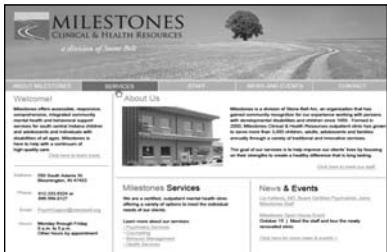
The Tichenor Fund enabled Stone Belt to acquire a variety of carefully selected toys and materials available for use and play, chosen for their potential to stand for or symbolize the child's inner psychic world. Through the medium of play children can explore and express thoughts, feelings, and experiences that are often difficult to convey in words. Trained play therapists observe and interact with the children, with the goal of helping children work through emotional, social, and behavioral difficulties and address family or school problems.

In addition to the Tichenor gift, Stone Belt has become the recipient of a second generous gift from the estate of Ms. Dorothy Dugdale. The funds from the initial gift from Ms. Dugdale's estate were utilized in the renovations of Maxwell House, Stone Belt's group home serving youth residents. In keeping with Ms. Dugdale's wishes that her estate gift be utilized to provide resources for children served by Stone Belt, the board of directors unanimously voted to utilize the additional gift in the completion of a second play therapy room at Milestones, and in the creation of a Milestones Family Resource Center and Library.

Through Ms. Dugdale's generosity, Stone Belt is creating a space to provide information and support on mental and behavioral health issues that apply to children, adolescents and individuals with intellectual and cognitive disabilities. Available to parents, caregivers, staff, children and family members who use Stone Belt and Milestones services, the Resource Center will include books, articles, pamphlets, videos, computer programs, and games. In addition, there will be a reserve and lending library.

website launched

In August Milestones unveiled its website, www.milestonesclinic.org. The site provides resources and information that will make learning about Milestones easier. Log-on to explore Milestones' programs and services, news and events, staff biographies and more. From the Milestones site you can also link to its parent agency Stone Belt. As Milestones continues to grow you can be certain more information will be available online.



open house

Milestones will be hosting its first-ever open house to unveil its updated facilities and introduce its new psychiatrist Lia Kettenis, MD. Dr. Kettenis joins current Milestones staff: Medical Director, M. Melinda Weakley, MD; Milestones Director, Maureen Gahan, MAMFT; Behavior & Play Therapists, Social Workers, Nurses and an Administrative Team to offer a comprehensive outpatient mental health facility specializing in supports for children and persons with developmental disabilities.

The event will be held Monday, October 15, 5:30 to 7 pm at the Milestones Offices, 550 South Adams Street, Bloomington. Guests will be able to learn more about Milestones' services, meet the staff, tour the facility and connect with the medical community while enjoying a catered reception.

Special thanks to Forest Pharmaceutical for underwriting this event. For more information contact Milestones at 812-333-6324 / milestones@stonebelt.org or log on to www.milestonesclinic.org.

upgrades

Manufacturing Excitement

Stone Belt takes great pride in providing clients with professional workforce opportunities through both community employment placements and through agency manufacturing programs located in Lawrence, Owen and Monroe Counties.

Recently, a series of grants, private contributions and an allocation of Stone Belt resources – totaling close to \$42,000 – have enabled the agency to significantly renovate and upgrade the manufacturing area of the Monroe County facility.



New Furniture and Equipment

Stone Belt received a grant of \$15,000 from JP Morgan-Chase Bank for the purchase of ergonomically-designed professionalized furniture and equipment for the subcontracted manufacturing activities in Monroe County. The grant was used in the purchase of tables, chairs, and shelving, and for the redesign of the workspace to support efficiency, to create professionalism in the agency's relationship with vendors, and to improve upon the client-used spaces. Stone Belt clients and manufacturing employees have expressed delight in the new furniture and resources, which have created a more comfortable and professional atmosphere.



Cleaning Overhaul

Recognizing the need for an updated professional and healthy work environment for all clients and employees, Stone Belt recently allocated \$20,000 of its resources for the purpose of a deep cleaning and painting of the entire Monroe Manufacturing area. Fresh white walls, polished floors and newly-detailed equipment have created a more positive work space that promotes strong work ethic and an energetic atmosphere. Additional Stone Belt resources were also utilized in the cleaning and painting of the gymnasium in the Monroe County facility, which is utilized by many clients and instructors as part of its educational Day Programs.

Community members and supporters are invited to visit Stone Belt for a tour of the newly renovated Monroe Manufacturing, or of any of Stone Belt's facilities located throughout six counties.

➤ For more information, or to schedule a tour opportunity, please contact Amy Jackson in the Development Office at 812-332-2168 ext. 314 / development@stonebelt.org.

Art Studio

Stone Belt received a grant of \$7,746 from the City of Bloomington through the Jack Hopkins Social Services Program. This grant has supported the renovation of a quadrant of the Monroe County manufacturing site that is utilized as an art studio for production of Stone Belt's product line of client-designed and created fine art pieces, *Art & Craft*. The funds have been used in the creation of a secured, designated art space, including: installation of upgraded lighting; completion of separation walls; installation of a security door; painting of the space; and the purchase of a drying rack and art material storage.

Stone Belt's launch of the Art & Craft Studio is an exciting venture in providing professional opportunities for individuals. Clients have the chance to express their abilities and talents – in innovative and creative ways – while earning a competitive wage. In addition to serving as a professional space for the production of the Art & Craft art line, the studio also provides a place where local community artists work side by side with Stone Belt client artists. The studio is utilized as an art incubator in the creation of collaborative pieces for community-wide display and celebration in such venues as the Lotus World Music Festival, ArtsWeek, and city park installations. Stone Belt clients build meaningful social capital through the creation of lasting relationships of learning and growth with members of the community.

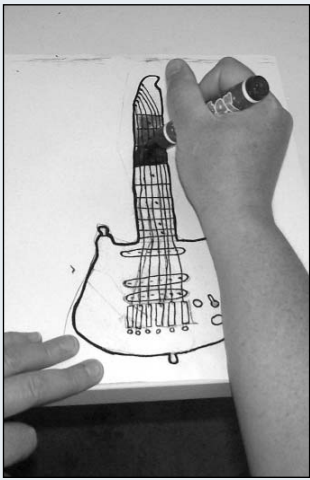


Manufacturing History

Historically the 10th Street Manufacturing program has been the main hub for work for all locations, due to the fact that it has the largest warehouse and fork trucks and is located in Monroe, the largest manufacturing county of the three, which includes Lawrence and Owen. Over the years many contracts found permanent homes at other Stone Belt locations that took responsibility for the projects. Many times the work was shared between two or three locations when there was a large or time-sensitive job to be completed. As many of Stone Belt's manufacturing companies chased cheaper outsourced labor abroad, it has been more challenging to find appropriate sub-contract work. Therefore Stone Belt has worked to grow its businesses in order to generate work for our clients.

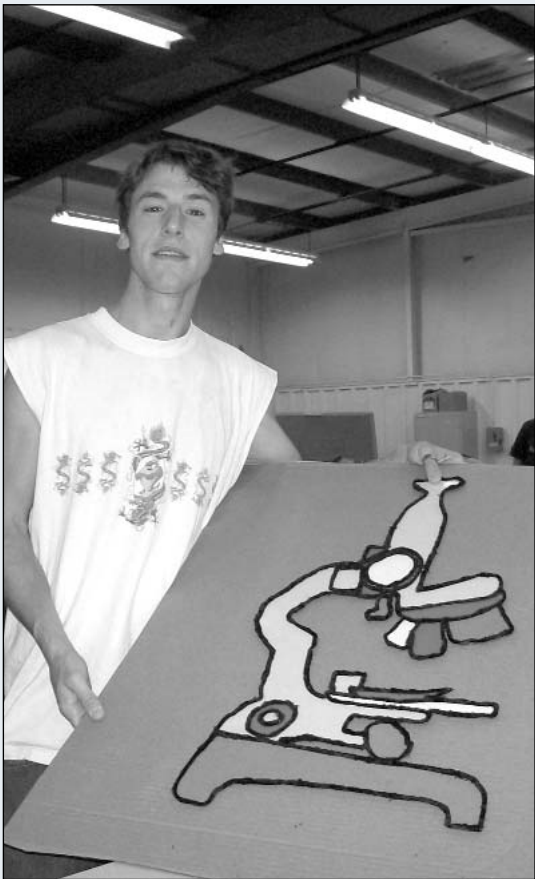
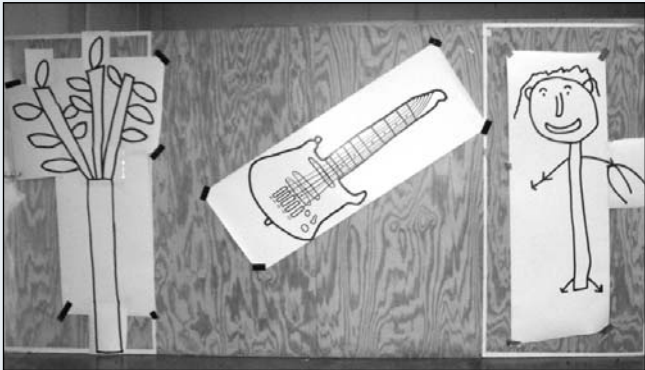
Over the years Stone Belt's workshop has completed many different jobs for companies such as:

- Recycling Program. It was estimated by the Herald-Times at the time that the center saved four forests a year due to its efforts.
- General Electric. During its height in the late '90s 10th Street assembled thousands of shelves and actuator pads each week.
- Cook
- Otis Elevator
- Carrier
- Schulte
- Sunrise Greetings
- Tree of Life
- Indiana University
- MAG Inc.
- K&K Vending
- Winters Associates
- US Military
- State of Indiana
- Walnut Springs Water Company
- Carlisle Brakes
- Indiana Limestone Company
- US Postal Service



art

In the Spring Stone Belt was contacted by WTIU to help build new sets for the station's "Friday Zone" kids program. The display will consist of a variety of panels depicting different subjects like music, science, math and english. Stone Belt clients worked collaboratively with area artist Joe LaMantia on the project. They started the set by drawing simple line art (left), the line art was then projected onto a wall where it was traced (below). The final step in the process was to decorate the images with brightly colored paper and yarn (right). Look for the finished sets on this season's "Friday Zone."



donating

Giving opportunities available

Limited NAP Tax Credits Remain

Stone Belt is extremely pleased to have had such great success with the 2006-2007 NAP tax credit program. The State of Indiana awarded Stone Belt \$25,000 in NAP tax credits in July of 2006, and we were able to pass along these tremendous tax savings to our donors. Stone Belt donors utilized the entire allocation in only a six month period, raising \$50,000 in support of *Milestones Clinical and Health Resources* — a Stone Belt program of excellence that provides much needed psychological and psychiatric services to individuals with developmental disabilities. Because of this generosity, Milestones is now able to provide approximately 2,000 more hours of clinical services during 2007, enhancing individuals' efforts to become more independent and active members of our community.

Through NAP, a contribution to Stone Belt of a *minimum of \$100* makes a donor eligible to receive 50% of the total contribution in tax credits — allowing the donor to receive half of a contribution back as a TAX CREDIT when filing an end-of-year Indiana tax return. In addition, donors are also eligible to claim the total amount of the gift as a tax deduction on an itemized federal income tax return, extending the savings even further. Therefore, a gift to Stone Belt goes more than twice as far! Not only does a donor earn a significant break on taxes next April, the gift also provides funding for a much-needed program serving individuals with developmental disabilities. This is a wonderful opportunity to support the essential work of Stone Belt while receiving an outstanding tax benefit in the process.

Stone Belt has now received an allocation of \$20,500 in NAP tax credits for 2007-2008. This has established a fund-raising goal of \$41,000 to be raised between July 1, 2007 and June 1, 2008. We are pleased to share that we have already reached more than 75% of our NAP fund-raising goal. NAP credits are going quickly and are available on a first come-first served basis. If you are interested in this meaningful giving opportunity that will provide you with outstanding tax benefit, don't delay!

IRA Deductible Giving

Did you know that your IRA can now be used as an immediate source of gifting as well as tax savings? If you are 70 ½ or older, the IRS requires you to take a mandatory distribution from your retirement account, or face a penalty of 50% on the amount that should have been withdrawn. However, thanks to the Pension Act of 2006, there is tax relief on these distributions, although only through 2007. The provision, which expires in December of this year, allows those individuals required to withdraw money from their IRAs to send these distributions directly to qualifying charitable organizations such as Stone Belt, thereby avoiding taxes. IRA owners can make tax-free gifts of up to \$100,000 during 2007 directly from their IRA, with the dollars donated not considered to be taxable income.

This act is a potential break-through in charitable giving, as givers can avoid tax liability, and instead increase the amounts directed to charitable causes. For those looking to make a gift to Stone Belt this year, an IRA gift might be an ideal funding option. Even if you do not meet the age requirements to take advantage of this temporary legislation, there may be opportunities within your immediate family. Ask your family members if they are giving to a charity, and make sure that they know about this new way to gift more tax-efficiently. Perhaps that \$100 that you or a family member is about to donate can be increased with some simple planning.

➤ For more information on an IRA tax deductible giving, to purchase NAP tax credits, or for other giving opportunities through Stone Belt, please be in touch with Stone Belt's Development Director, Amy Jackson, at 812-332-2168, ext. 314 / ajackson@stonebelt.org.

funding

Waiver Announcement

In a landmark action, the Indiana Family and Social Services Administration (FSSA) has announced a plan to bring support services to over 1,600 young adults with developmental disabilities between the ages of 18-24 over the next 10 months. The agency has announced that the Support Services Medicaid Waiver (SSW) will have a priority category for young adults who have left high school.

The first target is young people who left school in the 2006-2007 school year. 500 SSW slots are reserved for these individuals. An additional 1,100 SSW slots for young adults, 18-24, who have left school are planned to be released September 2007 to June 2008. FSSA plans to offer the Support Services Waiver to future eligible students leaving high school. Key to implementing that plan is the future support of the Indiana General Assembly.

In November 2007, an additional 100 Support Services Waiver slots will be released to people on the waiting list, based on date of application. In addition, FSSA has announced that 711 Developmental Disability Waiver slots and 55 Autism Waiver slots will be released to those on waiting lists. Priority slots will also be provided to caregivers age 80 and older and for emergency cases.

The Support Services Waiver can provide developmental supports, job preparation, respite and family support up to a cap of \$13,500 per year. To be eligible for a Medicaid Waiver, individuals must meet Medicaid disability, income, and resource requirements, and "level of care" requirements under the Waiver.

The Arc of Indiana Waiting List Committee began working on this issue in 2006 by identifying how the state could begin prioritizing services to the more than 15,000 people on Medicaid Waiver waiting lists, as well as those who never knew to apply for services. Families and self-advocates recommended that waiting lists and the need for services be addressed in three ways: services to those ages 18-24 who have left or are leaving school; caregivers age 80 and older who continue to care for loved ones at home; and people off the waiting list based on date of application.

Families should immediately contact their local BDDS office to apply for this new priority category for the Support Services Waiver. Applications for Medicaid should be made at the local office of Division of Family Resources. Contact information for BDDS offices is available at: www.arcind.org/PDF%20Files/BDDS%20District%20Map.pdf

➤ For additional information log on to www.arcind.org

first person

Get to know Carla Mann

I grew up in Ohio. We moved around a lot. Sometimes we lived out in the country; sometimes we lived in small towns. I had a brother named Bobby and a sister named Darla. Darla died, but when we were kids, we used to play together, Darla, Bobby and me. We played games like Hide and Seek. My favorite hiding place was under the bed. We played outside, too. We had dogs we liked to play with — three I remember were Brownie, Dusty and Buffy. Darla and I liked to play Barbie dolls, but sometimes Bobby would tease or trick us.

I went to school. I was kind of shy and quiet. I liked doing crafts. I won a fifty cent piece in a coloring contest, but I don't remember what the picture was. It was a long time ago. I also won some running contests back then. I didn't get to finish school, though. I had a chemical imbalance and I had to go into the hospital.

For a while I was in and out of different places, hospitals and group homes. Some were okay I guess, but one was really bad. The people there would really fight one another. I didn't like that.

About a year ago, I moved to Bloomington. I have a roommate named Shirley. I come to Stone Belt's workshop. I like to come here to do new jobs; I feel like I'm accomplishing something. I don't like having to get up early though. When I'm not at work, I like to listen to all kinds of music. My roommate and I like to watch music videos on the country music channel. Some of my favorites are Tim McGraw and Alan Jackson. I like to go to Borders to shop for music; I have over 100 CDs.

I'm looking forward to my birthday on October 2 and to my favorite holiday, Christmas. I love the decorations and trees and music. My favorite Christmas carol is "It Came Upon a Midnight Clear." I still like doing arts and crafts, too. Last year I drew an angel that we decorated and made big, and it hung from the ceiling in the workshop for the holidays.



Stone Belt

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Stone Belt presents news and information for persons with disabilities, families and friends



Fun Day

On July 25, Stone Belt celebrated its annual Fun Day festivities. Clients and staff, agency-wide, gathered at the 10th Street facility for a day of games, food and fun. This year's event once again featured the Journey of Hope cyclists who bike across the country to raise money and awareness for persons with developmental disabilities. The riders donated \$750 to apply to fitness related activities. This year Stone Belt has earmarked the funds for new gym equipment.



TRIBUTE

Andy Upper remembered at playground dedication. **page 1**

PROGRAM SPOTLIGHT

Milestones. Showcasing growth and change. **pages 4-5**

FUNDING

FSSA announces increased waiver supports. **page 7**

OUR MISSION

We believe in the uniqueness, worth and right to self-determination of every individual. Therefore, it is our mission, in partnership with the community, to prepare, empower and support persons with developmental disabilities and their families to participate fully in the life of the community.