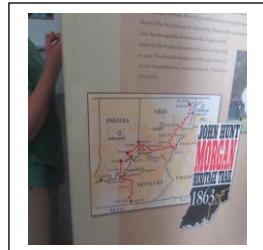


## Muscatatuck Park

We went to Jennings County visitor's center which is by the Muscatatuck Park. The visitor center has all kinds of information and history of Jennings County. Did you know that President Richard Nixon's family lived in Jennings County? Then we walked to old school house of Walnut Grove. There were old maps and a potbelly stove that was used to heat the school. Next we went to then Vinegar Mill and Stone Cutting Quarry. You can see the Muscatatuck River from there. You can also see some caverns and a big long rock wall.



## What is Labor Day?

Labor Day is a public holiday or day of festivities held in honor of working people, in the US and Canada on the first Monday in September, in many other countries on May 1.

## The First Labor Day

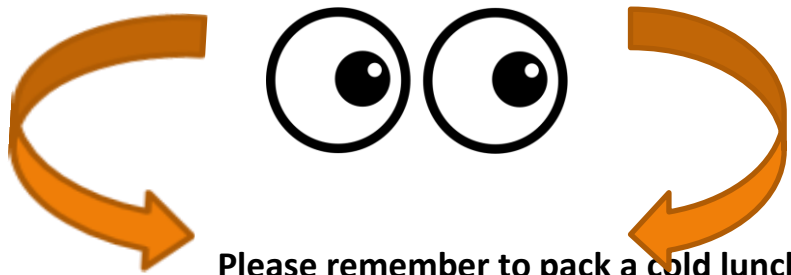
The first Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York City, in accordance with the plans of the Central Labor Union. The Central Labor Union held its second Labor Day holiday just a year later, on September 5, 1883.

In 1884 the first Monday in September was selected as the holiday, as originally proposed, and the Central Labor Union urged similar organizations in other cities to follow the example of New York and celebrate a "workingmen's holiday" on that date. The idea spread with the growth of labor organizations, and in 1885 Labor Day was celebrated in many industrial centers of the country.

It is appropriate, therefore, that the nation pays tribute on Labor Day to the creator of so much of the nation's strength, freedom, and leadership — the American worker.

## SEPTEMBER 2018 Lifelong Learning Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Special Programs
<b>3</b> <b>Closed</b>  <b>Labor Day</b>	<b>4</b> Morning Wake Up Fitness Club Culinary Arts STEP Too Sound Bingo Art	<b>5</b> Morning Wake Up STEP Program Drumming Bowling Humane Society Art	<b>6</b> Morning Wake Up YMCA Swimming Newsletter FFY FUN Woodworking Art	<b>5</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Art	<b>Client Training</b> <b>9/16/18</b>  <b>Winter Time Safety &amp; Client Rights</b>
<b>8</b> Morning Wake Up Re-Cycling UW Parachute Fun Computer Lab Art Walking Club	<b>9</b> Morning Wake Up Fitness Club Culinary Arts STEP Too Sound Bingo Art	<b>10</b> Morning Wake Up STEP Drumming Bowling Humane Society Art	<b>11</b> Morning Wake Up YMCA Swimming Newsletter FFY FUN Woodworking Art	<b>12</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Art	<b>Reading Fun</b> 
<b>15</b> Morning Wake Up Re-Cycling UW Exercising Computer Lab Sign Language Walking Club	<b>16</b> Morning Wake Up Fitness Club Culinary Arts STEP Too Reading Program Art <b>Client Training</b>	<b>17</b> Morning Wake Up STEP Telling Time Bowling Humane Society Art	<b>18</b> Morning Wake Up YMCA Swimming Newsletter FFY FUN Woodworking Art	<b>19</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Art	<b>Let's Play Basketball</b> 
<b>22</b> Morning Wake Up Re-Cycling UW Parachute Fun Computer Lab Performing Arts Walking Club	<b>23</b> Morning Wake Up Fitness Club Culinary Arts STEP Too Art	<b>24</b> Morning Wake Up STEP Program Drumming Bowling Humane Society	<b>25</b> Morning Wake Up YMCA Swimming Newsletter FFY Fun Woodworking Art	<b>26</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Money Skills Art	<b>Art</b>   <b>Wood-working</b> 
Morning Wake Up Re-Cycling UW Exercising Computer Lab Sign Language Walking Club <b>29</b>	Morning Wake Up Fitness Club Culinary Arts STEP Too Art <b>30</b>	Morning Wake Up STEP Program Drumming Bowling Humane Society <b>31</b>			



**Please remember to pack a cold lunch especially on days the clients bowl or go out in the community.**

**Please wear sneakers to prevent injuries during community outings.**

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Monthly Birthdays – page 4

Special Olympics News – page 5

April LL Activity Schedule - pages 6 & 7

2018 Arc Dance Pictures– page 8

Clients Corner - page 9

S.T.E.P. and Culinary Arts Calendars – page 10

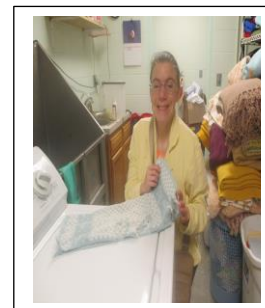
Other April Events Calendar – page 11

**Your Newsletter news crew this issue: Sam, Kent, Bob, Amber, Zoe**

## Humane Society

We volunteer every Wednesday afternoon. We go in to sign our names, and then go feed the dogs. Depending on the weather, we go outside to walk the dogs. Then go fold the towels and blankets. After all of that, we go and play with the puppies.

Written and typed by Sam





### **WHO WE ARE**

Stone Belt is a not-for-profit organization that provides resources and supports for individuals with disabilities.

Established in 1958, it is the oldest and largest agency of its kind in south central Indiana.

### **Community Activities**

Group Recycling, Computer Lab, Community Awareness, Fitness/Walking Club, Culinary Arts, STEP, STEP Too, Humane Society, Bowling, Swimming, Gym time, & Volunteering in the Community.

### **Classroom Activities**

Morning Wake Up, Current Events, Exercise/Stretching, Newsletter, Photography, Art (Studio), Arts & Crafts, Academic Skills, Story Time, Movies, Games, Sign Language, Performing Arts, Health Matters, Bingo and much, much more.

# **The Stone Belt Buzz**



## ***September 2018 Edition***

***The Stone Belt Buzz was created by clients and staff of Stone Belts Lifelong Learning program in Columbus, Indiana to provide up-to-date information about the daily programs provided.***



*preparing, empowering and supporting individuals with disabilities*

1531 13<sup>th</sup> Street Columbus, IN

(812) 376-7149 [www.stonebelt.org](http://www.stonebelt.org)



## Tickle My Funny Bone



Why do birds fly south in the Fall?  
Because it's too far to walk

Why shouldn't you tell a secret in a cornfield?  
Because the corn has ears



## Birthdays



*9/9- Kent D.*  
*9/15- Melissa W.*  
*9/19- Savannah D.*  
*9/23- Pat B.*



## Fun Page

### Labor Day Word Scramble

**Instructions:** Unscramble the letters to find the Labor Day words from the list below.

xrael \_ \_ \_ \_ \_

eamsq \_ \_ \_ \_ \_

trpi \_ \_ \_ \_

aberk \_ \_ \_ \_ \_

yptra \_ \_ \_ \_ \_

dya \_ \_ \_

laobr \_ \_ \_ \_ \_



### Word List

break	party
day	relax
games	trip
labor	

## S.T.E.P. CALENDER

4<sup>th</sup> & 5<sup>th</sup> – Bartholomew County Public Library  
11<sup>th</sup> & 12<sup>th</sup> – White River Broadcasting Radio  
Station  
18<sup>th</sup> & 19<sup>th</sup> – Mill Race Bus Station  
25<sup>th</sup> – Volunteer @ Love Chapel Finance Office  
26<sup>th</sup> – Volunteer @ Orphan Grain Train

## Culinary Arts Calendar

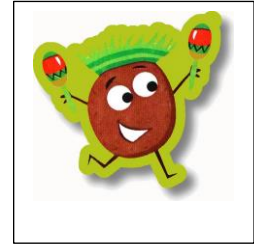
9/4 Omelets in a bag  
9/11 Fish sticks & fries  
9/18 Breakfast sandwiches  
9/25 Chicken taguitos

### Fun Food-Filled Fact:

Fresh eggs sink in water and rotten eggs will float

## September Holidays

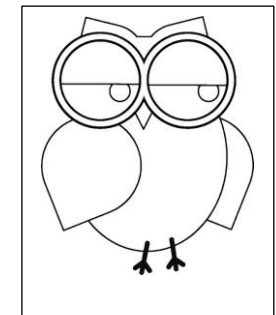
9/2- World Coconut Day



9/3- Labor Day

9/10- National Grandparents Day

9/14- National Coloring Day



9/22- First Day of Fall Day

9/25- National Cooking Day

9/26- National Family Day

