

The S.T.E.P. group went to the fire station and learned how to use a fire extinguisher to put out a fire.



PASS

Pull – the pin

Aim – the nozzle

Squeeze – the nozzle

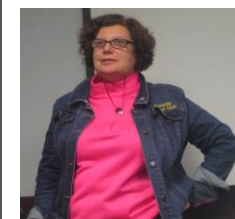
Sweep – low side to side



A visit with Dina Buno

Columbus Lifelong Learning clients and staff were thrilled to be visited by Dina Buno, star of her own real-life romantic comedy called **“Dina is Dina in Dina”**. Dina explained to us that her documentary is based on her own life with her then, soon-to-be-husband, whom are both on the Autism Spectrum. Dina talked about when she was younger and how she was in special classes, taking speech therapy, and how she was nervous around other people and how she needed help with her social skills. She talked about her family and how her mom was always there for her. She talked about how she was able to overcome the “label” of having autism. She became her own person and became independent.

Dina was in Columbus at the YES Cinema for her screening of her film starting at 6:00pm on Oct. 25th.



NOVEMBER

2018 Lifelong Learning Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Special Programs
Morning Wake Up Art Re-Cycling UW Action Club Computer Lab Walking Club	Morning Wake Up Art Fitness Club Culinary Arts STEP Too Action Club	Morning Wake Up Art STEP Action Club Bowling Humane Society	Morning Wake Up Art YMCA Swimming Newsletter Action Club FFY Activities	Morning Wake Up Art Church Volunteer Action Club Bowling Ladies Group	Client Training 11/9/18

*We will be closed in observance of Thanksgiving on Thursday November 22nd
and Friday November 23rd.*



Happy Thanksgiving!



**Cold weather is coming soon, don't forget
to wear your**



and your



and your



.

**Please remember to pack a cold lunch especially
on days the clients bowling.**

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**Your Newsletter news crew this issue: Sam, Kent, Bob,
Amber, Kenton, Brighid, Zoe**

November Holidays & Events

1st – All Saints Day

4th – Daylight Saving Time Day

6th – Election Day

11th – Veterans Day

12th – National Pizza Day

15th – America Recycles Day

21st – World Hello Day

22nd – Thanksgiving Day

23rd – Black Friday

26th – Cyber Monday

27th – Giving Tuesday

28th – French Toast Day





WHO WE ARE

Stone Belt is a not-for-profit organization that provides resources and supports for individuals with disabilities.

Established in 1958, it is the oldest and largest agency of its kind in south central Indiana.

Community Activities

Group Recycling, Computer Lab, Community Awareness, Fitness/Walking Club, Culinary Arts, STEP, STEP Too, Humane Society, Bowling, Swimming, Gym time, & Volunteering in the Community.

Classroom Activities

Morning Wake Up, Current Events, Exercise/Stretching, Newsletter, Photography, Art (Studio), Arts & Crafts, Academic Skills, Story Time, Movies, Games, Sign Language, Performing Arts, Health Matters, Bingo and much, much more.

The Stone Belt Buzz



November 2018 Edition

The Stone Belt Buzz was created by clients and staff of Stone Belts Lifelong Learning program in Columbus, Indiana to provide up-to-date information about the daily programs provided.



preparing, empowering and supporting individuals with disabilities

1531 13th Street Columbus, IN

(812) 376-7149 www.stonebelt.org



Tickle My Funny Bone



What happened when the turkey got into a fight?
He got the stuffing knocked out of him!

What do you call a running turkey?
Fast food.

What did baby corn say to mama corn?
Where's popcorn?

November Birthdays



Allan M. – 3rd

Taylor T. – 4th

Jamie T. – 4th

Stacy F. – 4th

Tammy B. – 6th

Tracy A. – 9th

Jane S. – 15th

Justin P. – 15th

Susie W. – 20th

Brighid B. – 23rd

Lori B. – 29th

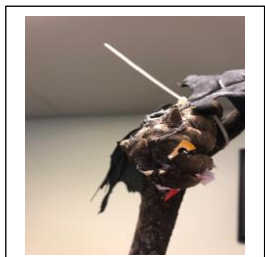
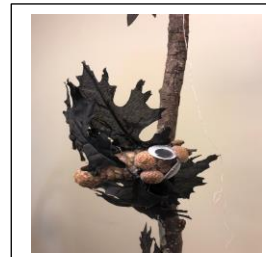


Clients Corner

Evan comes to Lifelong Learning every afternoon with his staff Benet. Evan likes to work on sensory items such as sorting beads.



The Action Club was collecting pinecones and acorns to make bats.



S.T.E.P. CALENDER

6th & 7th – The Appleworks

13th & 14th – Antique Malls

**20th & 21st – The ARC of Bartholomew County -
Team Building Skills**

27th – Volunteer @ Love Chapel Finance Office

28th – Volunteer @ Orphan Grain Train

Culinary Arts Calendar

11/6 – Pumpkin Cheesecake

11/13 – Sweet Potato Casserole

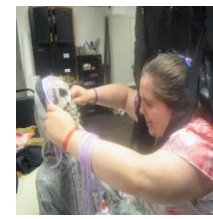
11/20 – Baked Grilled Cheese & Tomato Soup

11 /27 – Monkey Bread

Fun Food-Filled Fact:

Pumpkins are low in calories, fat, and sodium and high in fiber. They are good sources of Vitamin A, Vitamin B, potassium, protein, and iron.

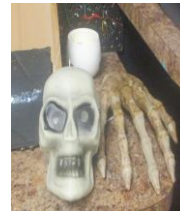
Art Class Prepares for the Halloween Party



Getting the skeleton ready



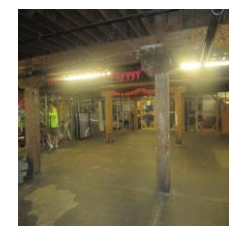
Enter sign for the party



Spooky decorations



Painting the tree trunk



Where the party is located



Making the fireplace

November 4th is Daylight Savings Time so, don't forget to turn your clocks back one hour

