# May 2018 LifeLong Learning Activity Schedule

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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Special Programs</th>
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<tbody>
<tr>
<td>1</td>
<td>Morning Wake Up Fitness Club</td>
<td>Morning Wake Up STEP Program</td>
<td>Morning Wake Up YMCA Swimming</td>
<td>Morning Wake Up Church Volunteer</td>
<td><strong>Client Training</strong> 5/15/18</td>
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<td>BCSC Transition</td>
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<td>STEP Too</td>
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<td>Sound Bingo</td>
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<td>7</td>
<td>Morning Wake Up Re-Cycling UW</td>
<td>Morning Wake Up Fitness Club</td>
<td>Morning Wake Up STEP Program</td>
<td>Morning Wake Up Church Volunteer</td>
<td><strong>Summer Time Safety</strong></td>
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<td>Parachute Fun</td>
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Please remember to pack a cold lunch especially on days the clients bowl or go out in the community.  

Please wear sneakers to prevent injuries during community outings.

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Your Newsletter news crew this issue:  Sam, Kent, Bob, Amber, Nicole, Zoe, Nick

Other May Events

1st – Batman Day  
5th – Herb Day  
5th – Free Comic Book Day  
6th – Beverage Day  
10th – Clean Up Your Room Day  
11th – Eat What You Want Day  
13th – Frog Jumping Day  
15th – Chocolate Chip Day  
17th – Pack Rat Day  
18th – Pizza Party Day  
18th – No Dirty Dishes Day  
20th – Be A Millionaire Day  
24th – Scavenger Hunt Day  
25th – Sing Out Day  
27th – Sun Screen Day  
28th – Hamburger Day  
31st – Macaroon Day
WHO WE ARE

Stone Belt is a not-for-profit organization that provides resources and supports for individuals with disabilities.

Established in 1958, it is the oldest and largest agency of its kind in south central Indiana.

Community Activities
Group Recycling, Computer Lab, Community Awareness, Fitness/Walking Club, Culinary Arts, STEP, STEP Too, Humane Society, Bowling, Swimming, Gym time, & Volunteering in the Community.

Classroom Activities
Morning Wake Up, Current Events, Exercise/Stretching, Newsletter, Photography, Art (Studio), Arts & Crafts, Academic Skills, Story Time, Movies, Games, Sign Language, Performing Arts, Health Matters, Bingo and much, much more.

The Stone Belt Buzz was created by clients and staff of Stone Belts Lifelong Learning program in Columbus, Indiana to provide up-to-date information about the daily programs provided.
Tickle My Funny Bone 😂

Why did the dolphin cross the beach?
To get to the other tide!

Can bees fly in the rain?
Not without their little yellow jackets!

Why is the letter A like a spring flower?
A bee (B) comes after it!

What do you get when you plant kisses?
Tulips!

How did the tree feel in the spring?
Releaved

Birthdays

There are no May birthdays at LL Day program. Here are some celebrity birthdays instead.
2nd - Dwayne “The Rock” Johnson
3rd - Eric Church
4th - Lance Bass
13th - Robert Pattinson
13th - Stevie Wonder
16th - Janet Jackson
20th - Cher

Clients Corner

Kent has been with Stone Belt since August 2017 and has been coming to day program for the last 4 months. While here he likes art and bowling. In his free time he likes to listen to music, go shopping and go out to eat at Sirloin Stockade. Kent comes to Stone Belt Monday through Thursday. His birthday is September 9th.

Jamie has been coming to Stone Belt for 15 years while here he likes to go bowling and visit with his friends. Jamie enjoys working at his job at Sans Souci. In his free time, he likes to go out to eat, go to Dollar Tree and goodwill. He goes to stone belt Monday through Friday. His Birthday is March 2nd.
S.T.E.P. CALENDER

1st & 2nd - Atterbury Outdoor Museum
8th & 9th - Stepping into fitness\YMCA Walking Trail
15th & 16th - Dining on a dime/Bring $5
22nd & 23rd - Anderson Falls, Dress for outdoors/tennis shoes
29th - Volunteer @ Love Chapel Finance office/ Cleaning
30th - Volunteer @ Orphan Grain Train

Culinary Arts Calendar

5/01 - Fruit pizza
5/08 - Raisin Bran Muffins
5/15 - Mini Lasagna Cups
5/22 - Tossed Green Salad
5/29 - Smoothies

Fun Food-Filled Fact:
A pineapple contains anti-inflammatory properties, helps aid digestion, relieves congestion, contains lots of fiber and vitamins, and is also a rich source of minerals.

S.T.E.P. & S.T.E.P. TOO NEWS

S.T.E.P. TOO went to Columbus Police Department on Tuesday. They spoke with public information officer Matt Harris. They were lucky to get out!