

# The Stone Belt Buzz



***March 2018 Edition***

***The Stone Belt Buzz was created by clients and staff of Stone Belts Lifelong Learning program in Columbus, Indiana to provide up-to-date information about the daily programs provided.***



## **Stone Belt**

*preparing, empowering and supporting individuals with disabilities*

1531 13<sup>th</sup> Street Columbus, IN  
(812) 376-7149 [www.stonebelt.org](http://www.stonebelt.org)

## **\*Reminder\***

Please remember to pack a cold lunch especially on days the clients bowl or go out in the community

Please wear sneakers to prevent injuries during community outings.

### **In this issue:**

**News – page 3**

**Jokes – page 4**

**Monthly Birthdays – page 4**

**Volunteer News – page 5**

**March LL Activity Schedule - pages 6 & 7**

**Seek & Find Word Fun Page – page 8**

**Clients Corner - page 9**

**News – page 10**

**S.T.E.P. Calendar - page 11**

**Culinary Arts Calendar – page 11**

**Other March Events Calendar – page 11**

**Your Newsletter news crew this issue: Bob, Sam, Amber, Renata, Logan, Allen**

**Clients at Columbus LL participated in an Earthquake Drill to show them how to stay safe just in case of an earthquake. You need to take cover under a table or in a door frame.**



### **Science “Wind” Project**

We made paper cones and attached them to a string and blowing into the cone made the cone move down the string. It reminds us what the wind can do.



**We volunteer at a local church doing vacuuming and dusting and putting welcome cards in the pews.**





## Tickle My Funny Bone



Why don't You Iron 4-leaf clovers?  
Because you don't want to press your luck



Knock Knock  
Who's there?  
Irish!  
Irish who?



Irish you a happy St. Patrick's Day!

*Happy  
Birthday!*

## March Birthdays



**Angie S. - 4<sup>th</sup>**

**Lori S. - 5<sup>th</sup>**

**Logan E. - 19<sup>th</sup>**

**Vicky W. - 22<sup>nd</sup>**

**Hunter S. - 31<sup>st</sup>**

**Jason H. - 31<sup>st</sup>**

**Jamie L. - 31<sup>st</sup>**



# HAPPY ST. PATRICK'S DAY



Blarney Stone  
Cabbage  
Charms  
Clover  
Emerald








Gold Coins  
Green  
Ireland  
Legend  
Leprechaun

Luck  
Pot of Gold  
Rainbow  
Shamrock  
St Patricks Day

(c) 2017 Crayon Freckles All Rights Reserved



# March 2018 Lifelong Learning Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Special Programs
 <b>First Day of Spring is March 20!</b>	<b>Daylight Savings Begins March 11<sup>th</sup></b> 	 <i>St. Patrick's Day March 17<sup>th</sup></i>	<b>1</b> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting	<b>2</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke	<b>Client Training 3/13/18 Tornado Drill &amp; Client Rights</b> 
<b>5</b> Morning Wake Up Re-Cycling UW Parachute Fun Computer Lab Performing Arts Walking Club	<b>6</b> Morning Wake Up Fitness Club BCSC Transition Culinary Arts STEP Too Sound Bingo	<b>7</b> Morning Wake Up STEP Program Drumming Bowling Humane Society	<b>8</b> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting	<b>9</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Money Skills	<b>Drumming</b> 
<b>12</b> Morning Wake Up Re-Cycling UW Exercising Computer Lab Sign Language Walking Club	<b>13</b> Morning Wake Up Fitness Club BCSC Transition Culinary Arts STEP Too Reading Program <b>Client Training</b>	<b>14</b> Morning Wake Up STEP Program Telling Time Bowling Humane Society	<b>15</b> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting	<b>16</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke	<b>Money Skills</b> 
<b>19</b> Morning Wake Up Re-Cycling UW Parachute Fun Computer Lab Performing Arts Walking Club  <hr/> Morning Wake Up Re-Cycling UW Exercising Computer Lab Sign Language Walking Club <b>26</b>	<b>20</b> Morning Wake Up Fitness Club BCSC Transitions Culinary Arts STEP Too  <hr/> Morning Wake Up Fitness Club BCSC Transitions Culinary Arts STEP Too Sound Bingo <b>27</b>	<b>21</b> Morning Wake Up STEP Program Drumming Bowling Humane Society  <hr/> Morning Wake Up STEP Program Telling Time Bowling Humane Society <b>28</b>	<b>22</b> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting  <hr/> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting <b>29</b>	<b>23</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Money Skills  <hr/> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke <b>30</b>	<b>Bowling</b> 

# Volunteering is Fun!!

Every month our S.T.E.P. groups volunteer in the community. One group goes to the Love Chapel Finance Office and cleans. They take out trash, wipe down tables and chairs and dust shelves and cabinet tops. They also clean the bathrooms and sweep and mop the kitchen floor.



Another S.T.E.P. group volunteer at Orphan Grain Train where they sort and fold clothes to send to families in need all over the country.



We also have a group that volunteers at the Humane Society every week. They feed the dogs, do laundry, fold and stack towels and rags and then they get to walk some of the dogs.



## **Clients Corner**

**Sam Hall has been coming to Stone Belt for about 7 years she likes Art, STEP and Humane Society while here at Stone Belt. In free time she likes to paint, watch YouTube, and going out to eat for Mexican and Italian. Her birthday is February 16<sup>th</sup> she attends day program 4 days a week. Sam has 4 dogs and 3 cats. Sam volunteers at the Salvation Army, giving out food items and the Orphan Grain Train where she sorts and folds clothing to give away.**



**Terry Ayers has been coming to Stone Belt for 12 years. He likes to do art and volunteer at the Humane Society through Stone Belt. In his free time, he likes to watch TV and play video games. His birthday is July 20<sup>th</sup>. He attends Day Program 4 days a week.**





Stone Belt had a Valentines Party and we played games, had refreshments, danced and played music



Self-advocates are delivering valentines to legislators at the Indiana State House today for The Arc of Indiana's Valentine's Day event at the State House. Self-advocates delivered valentines to legislators and had a great time meeting their senators and representatives and having their voices heard. Pictured from left: Jason Sprague, Representative Milo Smith, and Jason Harris.

## **S.T.E.P. March Calendar**



6<sup>th</sup>/7<sup>th</sup> – Brown County Museum  
13<sup>th</sup>/14<sup>th</sup> – Photography  
20<sup>th</sup>/21<sup>st</sup> – Standard First Aid  
27<sup>th</sup> - Volunteer Love Chapel office  
28<sup>th</sup> – Volunteer @ Orphan Grain Train

### **2018 Culinary Arts Class**



3<sup>th</sup> – Totchos  
12<sup>th</sup> – Not So Sloppy Joes  
19<sup>th</sup> – Raisin Bran Muffins  
26<sup>th</sup> – Bunny Bait

### **Other March Events**

1<sup>st</sup> – National Peanut Butter Lovers Day  
3<sup>rd</sup> – World Wildlife Day  
11<sup>th</sup> - Daylight Savings  
17<sup>th</sup> - St Patrick's Day  
20<sup>th</sup> – International Day of Happiness  
20<sup>th</sup> - Spring Begins  
30<sup>th</sup> - Good Friday





## **WHO WE ARE**

Stone Belt is a not-for-profit organization that provides resources and supports for individuals with disabilities.

Established in 1958, it is the oldest and largest agency of its kind in south central Indiana.

### **Community Activities**

Group Recycling, Computer Lab, Community Awareness, Fitness/Walking Club, Basic Cooking Skills, STEP, STEP Too, Humane Society, Bowling, Swimming, Gym time, & Volunteering in the Community.

### **Classroom Activities**

Morning Wake Up, Current Events, Exercise/Stretching, Newsletter, Photography, Art (Studio), Arts & Crafts, Academic Skills, Story Time, Movies, Games, Sign Language, Performing Arts, Health Matters, Bingo and much, much more.