The Stone Belt Buzz

March 2018 Edition

The Stone Belt Buzz was created by clients and staff of Stone Belts Lifelong Learning program in Columbus, Indiana to provide up-to-date information about the daily programs provided.

preparing, empowering and supporting individuals with disabilities

1531 13th Street Columbus, IN
(812) 376-7149  www.stonebelt.org
*Reminder*

Please remember to pack a cold lunch especially on days the clients bowl or go out in the community.

Please wear sneakers to prevent injuries during community outings.

In this issue:

News – page 3
Jokes – page 4
Monthly Birthdays – page 4
Volunteer News – page 5
March LL Activity Schedule - pages 6 & 7
Seek & Find Word Fun Page – page 8
Clients Corner - page 9
News – page 10
S.T.E.P. Calendar - page 11
Culinary Arts Calendar – page 11
Other March Events Calendar – page 11

Your Newsletter news crew this issue: Bob, Sam, Amber, Renata, Logan, Allen
Clients at Columbus LL participated in an Earthquake Drill to show them how to stay safe just in case of an earthquake. You need to take cover under a table or in a door frame.

Science “Wind” Project
We made paper cones and attached them to a string and blowing into the cone made the cone move down the string. It reminds us what the wind can do.

We volunteer at a local church doing vacuuming and dusting and putting welcome cards in the pews.
Tickle My Funny Bone

Why don’t You iron 4-leaf clovers?
Because you don’t want to press your luck

Knock Knock
Who’s there?
Irish!
Irish who?
Irish you a happy St. Patrick’s Day!

Happy Birthday!

March Birthdays

Angie S. – 4th
Lori S. – 5th
Logan E. – 19th
Vicky W. – 22nd
Hunter S. – 31st
Jason H. – 31st
Jamie L. – 31st
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<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<td>Morning Wake Up Fitness Club BCSC Transition Culinary Arts STEP Too Sound Bingo</td>
<td>Morning Wake Up Fitness Club BCSC Transition Culinary Arts STEP Too Reading Program</td>
<td>Morning Wake Up STEP Program Drumming Bowling Humane Society</td>
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<td>Morning Wake Up Church Volunteer Sign Language Bowling Karaoke</td>
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<td>Morning Wake Up STEP Program</td>
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**March 2018 Lifelong Learning Activity Schedule**

- **First Day of Spring is March 20!**
- **Daylight Savings Begins March 11th**
- **St. Patrick’s Day March 17th**

**Special Programs**
- Client Training 3/13/18
- Tornado Drill & Client Rights
- Drumming
- Money Skills
- Bowling
Volunteering is Fun!!

Every month our S.T.E.P. groups volunteer in the community. One group goes to the Love Chapel Finance Office and cleans. They take out trash, wipe down tables and chairs and dust shelves and cabinet tops. They also clean the bathrooms and sweep and mop the kitchen floor.

Another S.T.E.P. group volunteer at Orphan Grain Train where they sort and fold clothes to send to families in need all over the country.

We also have a group that volunteers at the Humane Society every week. They feed the dogs, do laundry, fold and stack towels and rags and then they get to walk some of the dogs.
Sam Hall has been coming to Stone Belt for about 7 years. She likes Art, STEP and Humane Society while here at Stone Belt. In free time she likes to paint, watch YouTube, and going out to eat for Mexican and Italian. Her birthday is February 16th. She attends day program 4 days a week. Sam has 4 dogs and 3 cats. Sam volunteers at the Salvation Army, giving out food items and the Orphan Grain Train where she sorts and folds clothing to give away.

Terry Ayers has been coming to Stone Belt for 12 years. He likes to do art and volunteer at the Humane Society through Stone Belt. In his free time, he likes to watch TV and play video games. His birthday is July 20th. He attends Day Program 4 days a week.
Stone Belt had a Valentines Party and we played games, had refreshments, danced and played music.

Self-advocates are delivering valentines to legislators at the Indiana State House today for The Arc of Indiana's Valentine's Day event at the State House. Self-advocates delivered valentines to legislators and had a great time meeting their senators and representatives and having their voices heard. Pictured from left: Jason Sprague, Representative Milo Smith, and Jason Harris.
S.T.E.P.
March Calendar

6th/7th – Brown County Museum
13th/14th – Photography
20th/21st – Standard First Aid
27th – Volunteer Love Chapel office
28th – Volunteer @ Orphan Grain Train

2018 Culinary Arts Class

3th – Totchos
12th – Not So Sloppy Joes
19th – Raisin Bran Muffins
26th – Bunny Bait

Other March Events
1st – National Peanut Butter Lovers Day
3rd – World Wildlife Day
11th - Daylight Savings
17th - St Patrick’s Day
20th – International Day of Happiness
20th - Spring Begins
30th - Good Friday
WHO WE ARE

Stone Belt is a not-for-profit organization that provides resources and supports for individuals with disabilities.

Established in 1958, it is the oldest and largest agency of its kind in south central Indiana.

Community Activities
Group Recycling, Computer Lab, Community Awareness, Fitness/Walking Club, Basic Cooking Skills, STEP, STEP Too, Humane Society, Bowling, Swimming, Gym time, & Volunteering in the Community.

Classroom Activities
Morning Wake Up, Current Events, Exercise/Stretching, Newsletter, Photography, Art (Studio), Arts & Crafts, Academic Skills, Story Time, Movies, Games, Sign Language, Performing Arts, Health Matters, Bingo and much, much more.