

# Stone Belt

## Lifelong Learning Newsletter

Volume 3, Issue 4

January 2013

Please send comments, calendar events, story ideas, and requests to receive this newsletter electronically to [LLnewsletter10@stonebelt.org](mailto:LLnewsletter10@stonebelt.org).

January Committee: Victor, Shirley, Sarah, Kelly, Richelle, Ron, Crystal, Denise, Jason, and Jared.

### Resolutions for 2013

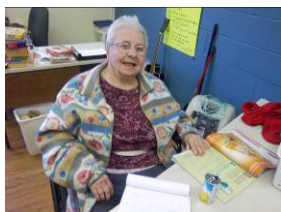
We asked people what their New Years Resolutions were for 2013. This is what they said:



Crystal- Do fifty jumping jacks everyday.



Nicole- Be nice to my friends and neighbors by being helpful.



Marcella- Walk everyday.



Laura- Eat less chicken nuggets from McDonalds.



Tasia- Do more leg exercises to get my leg stronger.



Adam- Try to exercise more.

*Interviewed, Written, typed, and most of the pictures by Ron*

## Kappa Kappa Sigma Christmas Party

On December 12<sup>th</sup>, we had a Christmas Party. We ate cookies. They were very good. There was music and dancing. Santa Claus came and he gave everyone presents. It was fun!!!!!!!!!!!!!! Thank you to the woman of Kappa Kappa Sigma for throwing us the Christmas Party!

*Written by Crystal*



## Holiday Art Sale with Global Gifts



On Saturday December 8, 2012, we had an art sale with the store Global Gifts at our art gallery at the Bloomington Playwright's Project. It was from 10:00am to 4:00pm. Global Gifts sold art done by people with disabilities that are from all over the world. Stone Belt sold artwork by artists with disabilities from Bloomington, Bedford, and Columbus. Stone Belt sold over 2000 dollars! Let's keep making art!

*Interview by Sarah F*

*Written and typed by Sarah F.*

## Wonderlab Science of Art: Art Unlimited Event



Nikki, Caroline, Polly and Karen were in an event at Wonderlab. Nikki showed how to paint with an adapted paintbrush. The paintbrush is long and slips into her hand. Caroline showed how to make a mosaic. Polly and Karen made a mural with people who came that night. We interviewed Nikki about the event. This is what she said:

When was it? Friday December 7<sup>th</sup>

What time? 5-8:30 pm

What colors did you use in your painting? Yellow, red, and green.

What did you like about the evening? I got paid!

“This was good so people can see what people with disabilities can do.”- Nikki

*Interview by Sarah F, Denise, Jason, and Jared*

*Written by Nikki and Denise*

*Typed by Denise*

## Self-Advocates Went to a Conference



The Self-Advocates went to the Indiana Governor's Council for People with Disabilities Conference. It was a big conference. There were lots of people there. We stayed downtown Indianapolis in a nice hotel. They talked about what is going on in Washington D.C. They also talked about the Governor of Indiana. They also talked about Medicaid and the new wavers. Leslie Green and Joe LaMantia were there and they talked about Stone Belt artwork. Joe said it was important for people with disabilities to do art because they can make money and be employed. There was lots of dancing and good food. There was great apple pie and coffee. It was a good time!

*Written by Victor*

*Pictures taken by Victor*



## Nicole Riley- The New Room 1 Instructor



We are glad that you work here!

Richelle interviewed Nicole and here are some things that she said:

“I have been working at Stone Belt for about 6 yrs. I’m enjoying getting to know new people that I didn’t know very much about before and figuring out what clients in Room 1 like to do and enjoy. One thing I want to start as the new instructor is talking about exercise more and doing it more! Our class wants everyone to get moving!”

### **Favorite Things**

**Candy:** Jelly Bellies (the sour ones)

**Color:** Orange

**Sport:** Swimming! I was the North High School Swim Coach the last two years.

**Do you have any animals?** Three dogs, Frances, June, and Jenny. They are all rescue dogs. And eight chickens!

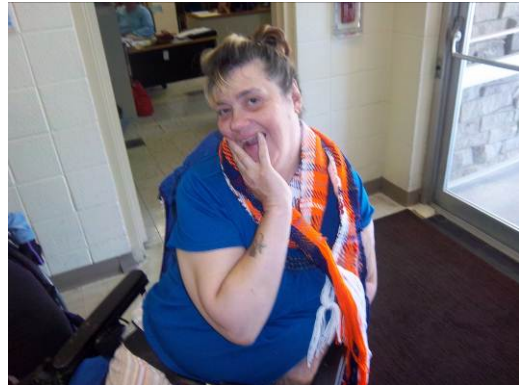
Welcome to Room 1!

*Interviewed by Richelle*

*Written by Kelly and Shirley*

*Edited by Shirley*

## A Note from Our Client Council President



It’s been a pretty good month being the President of Client Council. I know we all enjoyed the Christmas Party, and I loved seeing Santa Claus. Around the holidays we often think about people that we have lost. I miss my brother, Gary. I know others miss their friends and family that have passed. This is a fun time of year, but can be very hard. In the New Year, Client Council is hoping to pair with the Self- Advocates to host a Chili Supper. We have started to plan this event at our meetings. Look for more information about it soon. Happy New Year!

*Written by Shirley*

Pictures from the Holidays!

