

# Stone Belt

Volume 24, Issue 7

July 2018

This newsletter is produced and distributed by a committee of Stone Belt clients and staff. Please send comments, calendar events, story ideas and requests to receive this newsletter electronically to [ldumond@stonebelt.org](mailto:ldumond@stonebelt.org)

Newsletter Committee: Brandon, Destiny, Dorothy, Haley, James, Jason, Joseph, Kelly, Nick, Troy and Editor Vicki

## Current Events: Typed By: Vicki

### Happy Birthday shout outs to:

Eric A., David H., Billy C., Johnny B., Tonya B., Adam J., Tommy C.

STAFF: Terry S., Carrie E., Shep B., Evie M.

## Up coming dates/events

- Independence Day is Wednesday July 4<sup>th</sup>. **Larc will be closed.** Everyone have a fun and safe holiday.
- Keep yourself safe from the July heat.

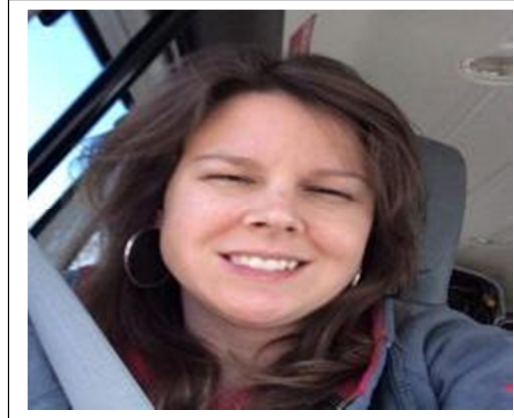
The class schedule for the month

Monday	Tuesday	Wednesday	Thursday	Friday
Shop Arts and Crafts Science/History Money Management ----- Shop Art Exercise/Dance Literature	Shop Art Sign Language Learning Games ----- Shop Art Employment/Sensory Craft/Art	Shop Art Nutrition Craft/Art ----- Shop Art Money Management Newsletter	Shop Art Yoga/Meditation Newsletter ----- Shop Art Line Dancing Learning Games	Shop Art Sensory/Games Fun Day ----- Shop Art Drumming Fun Day

# Spotlight

Interviewed and typed by:

Jason and Haley



Jason and I ,Haley, interviewed Candice at the Bedford Larc center and we ask her how long have you worked for Stonebelt and what her job title is, Candice responded with 3 years and she is a DSS which is a Direct Support Specialist. When ask if she enjoys her job she responded with yes she likes all the other staff and the clients. She does not like working on the Holidays. Before starting work with Stone Belt she worked at a bank. Candice also mentioned that she has 1 son named Joseph and 3 cats. In her free time she likes spending time with her friends and family. She likes the color blue and her favorite sport is football and she likes the Patriots. Candice has 2 sisters. We also ask her if she has lived in any other country or state and where her dream vacation would be, she has lived in Japan, Arizona and Florida and she lived in Japan for 2 years and her dream vacation would be to go to Ireland.

# Recipe and Quote of the month

## Recipe

Typed By: Haley

### Homemade Soft Pretzels

#### Ingredients

- 1 ½ c warm water
- 1 tablespoon sugar
- 2teaspoons kosher salt
- 1 pk. active dry yeast
- 22 oz. all purpose flour, approximately 4 ½ c
- 2 oz. unsalted butter, melted
- Vegetable oil
- 10 c. water
- 2/3 c. baking soda
- 1 lg. egg yolk beaten with 1 tablespoon water
- Pretzel salt

#### Directions

Combine the water, sugar and kosher salt in the bowl of a stand mixer and sprinkle the yeast on top. Sit 5 minutes or until the mixture begins to foam. Add the flour and butter and, mix on low speed until well combined. Change to medium speed and knead until the dough is smooth and pulls away from the side of the bowl, clean the bowl, clean the bowl and then oil. Return the dough to the bowl, cover with plastic wrap and sit in a warm place for approximately 50 to 55 minutes or until the dough has doubled in size.

Preheat the oven to 450 degrees F. Line 2 half-sheet pans with parchment paper and lightly brush with vegetable oil. 10 cups of water and the baking soda to a rolling boil in an 8-quart saucepan. Turn the dough out onto a slightly oiled work surface and divide into 8 equal pieces. Roll out each piece of dough into a 24 -inch rope. Make an U-shape pretzel. Place the pretzel onto the parchment-lined half sheet pan. Place the pretzels into the boiling water, 1 by 1, for 30 seconds. Return to half sheet pan, brush tops with beaten egg yolk and water mix and sprinkle with the pretzel salt. Bake until golden brown approx. 12-14 min

## Quote

Anonymous

When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they ask me what I wanted to be when I grew up. I wrote "happy." They told me I didn't understand the assignment, and I told them they didn't understand life.

# CLIENT STORIES

Researched By: Dorothy  
Typed By: Dorothy

## **The Tulip Viaduct**

The Tulip Viaduct is a 2,295-ft. long railroad bridge in Green County, Indiana, that spans Richland Creek between Solsberry and Tulip. According to Richard Simmons and Francis Haywood Parker, authors of Railroads of Indiana, it is "easily the states most spectacular railroad bridge"

### **History**

Work on the bridge started on May 22, 1905. It was finished in December 1906 and at that time, was the longest rail trestle in the United States, third in the world. It has 18 towers for support. The bridge is 2,307 ft. long and 157 ft. tall. It is one of the longest of its type that is still used today by the Indiana Railroad Company.

The cost of the Viaduct back in the day was \$245,504. That would be over \$20 million today. The laborers were paid up to 30 cents an hour (that was a good wage back then). It was built to transport coal from the Green County mines to large cities like Chicago.

It was constructed by the Indianapolis Southern Railway, but according to a placard that was attached to the bridge it was constructed by the New York Bridge Company and not the Indianapolis Southern Railway.

Two 45 ft. sections were added in 1916 the rest of the bridge is as it was when it was built. Over the years graffiti has been sprayed on it. The Indiana Rail Road has retained all the graffiti because the thickness of the paint prevents rain and snow from rusting the metal, thus preserving the structure.

Written By: Joseph  
Typed By: Joseph

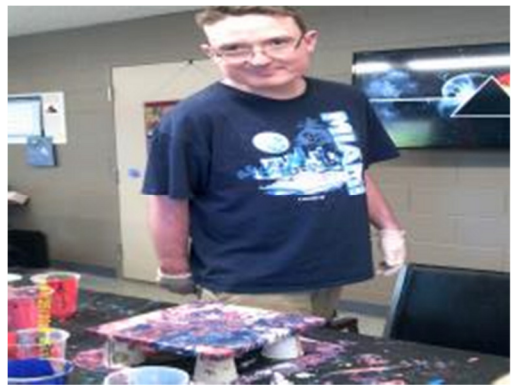
## **Washington county Train Museum**

Four of us went to the Train Museum in Salem. In there we seen an old ticket booth and train schedule, we got to ring an old train bell, we also seen the old conductor's uniform and an old workman's car that they used to go to repair the tracks. The biggest exhibit was down stairs and it was a replica of Salem In. That showed the history of the train's from the early 1900's to the 1960's and then as a treat the curator let us see an old caboose on the inside. We had an AWESOME time. I'm looking forward to going back some day soon.

# PHOTOS



Jason poses with his motorcycle art work.



Tommy doing his first paint pour in art class.



Stone buffalo outside of the Train Museum in Salem



Outside of the Train Museum in Salem

# Photos



Waiting for the doors to open at the  
Museum in Salem



Real excitement



Ready to start the tour



Very old train set

# Photos



Downstairs exhibit



Replica of the original train station in Salem



Salem in the sixties



Nick, Tommy, Brandon and Joseph on an authentic caboose