Birthday shout outs to:
Kermit J., Logan G., Chelsea B., Sherry B., Brandon P., Dorothy G., Jason B.,
Destiny B., Troy S., Shannon P.
Ashleigh U., Karen F., Linda N.

Up coming events:
- Lawrence County schools starts back up on the 9th
- 1st is National Girlfriend Day
- 5th is National Friendship and Sisters Day
- 13th is International Left Handers Day
- 19th is National Humanitarian Day

The she class schedule for the month

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<td>Exercise/Dance</td>
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Spotlight

Interviewed and typed by:

SPOTLIGHT
Spotlight on Ashleigh

We ask Bedford LARC Center Ashleigh to be our spotlight and she replied with “yes”. The Newsletter committee ask her how long has she worked here and she replied with “2 years” and she has worked in healthcare for five years. She says she likes helping people. We ask what she enjoys about her job she said I like working with everyone. She just does not like getting up so early in the mornings. Before working here she was in ResCare in a group home as a DSP. She has no kids but she does have 1 dog and her name is (Pawn-Yo). Ashleigh also mentioned that she has one older brother, 3 older step brothers and two older step sisters. What would you know, Ashleigh is the baby. When in her spare time she enjoys spending time with her friends, family and doing arts and crafts. Especially likes making stained glass windows. Her favorite color is turquois. She even said that she really enjoys hockey and she likes the Black Hawks team. Ashleigh said she would like to go to Hawaii. Last we ask if she had ever lived in any other state and she replied with yes Michigan for 2 years and she has been to Canada, Florida, Georgia, Kentucky, Texas, California, North and South Carolina, Virginia, Illinois and Ohio.
Recipe and Quote of the month

Recipe

Picked by: Joseph
Typed By: Joseph

Garden Vegetable fettuccini salad

- 1 Red Pepper cut into 1-inch pieces
- 1 Green Pepper cut into 1-inch pieces
- 2c. eggplant, cut into ½ inch pieces
- ½ c. onion, cut into 1-inch pieces
- 1 clove garlic, finely minced
- 1 tomato, chopped
- 8oz. fettuccini noodles, cooked
- 1T. roasted garlic flavored oil
- 2T. balsamic vinegar
- 1t. Italian seasoning
- 1T. fresh Parsley, minced
- ½ t. salt
- ½ t. dried rosemary
- 1t. coarsely ground black pepper
- non fat cooking spray

Coat the grill with cooking spray and preheat for 5 minutes place the peppers, eggplant, onion and garlic in the grill and cook for 6-8 minutes. In a large serving bowl, combine the grilled vegetables, chopped tomato and fettuccini noodles. Mix together the oil, vinegar, Italian seasoning, parsley, salt, rosemary and black pepper to make the salad dressing. Pour the dressing over the salad and toss gently to blend the flavors.

Serves 6.

Quote

by
Francois (VI) (Duc De La Rochefoucauld)
Typed By: Brandon

Absence diminishes mediocre passions and increases great ones, as the wind blows out candles and fans fire.
The pool

The pool is a fun place but it is a little expensive, they have 1 slide and 2 diving boards. You can sit on a deck chair. The pool opens from 12:00pm to 6:00pm. When you get to the entrance you have to pay $3.00 to get in for adults, children pay $1.25 unless you buy a Pool pass they are $50.00 for adults and free for children. You can get in the water and can go down the slide but you have to buy a slide pass they are $1.50 you can also dive off the diving boards the pool is deep in some areas over the shallow 5 Ft 13Ft.

My favorite kind of music

I love listing to the oldies. I was born in the sixties when the girls were still wearing poodle skirts and saddle shoes; I do like some country music and Elvis; but most of all I just listen to oldies all the time.
PHOTOS

Clients artwork

Some decorations in the shop room

Chris got his guitar all painted.

Becky and David doing self portraits
Photos

Chris and Amy in front of the “We love Stonebelt” wall

Chris striking a pose.

Crayon heart art work done in the shop room

Jason doing some art work.