

Stone Belt

Volume 24, Issue 8

August 2018

This newsletter is produced and distributed by a committee of Stone Belt clients and staff. Please send comments, calendar events, story ideas and requests to receive this newsletter electronically to ldumond@stonebelt.org

Newsletter Committee: Brandon, Destiny, Dorothy, Haley, Jason, James, Joseph, Kelly, Nick, Troy and Editor Vicki

Current Events:

Typed By: Vicki

Birthday shout outs to:

Kermit J., Logan G., Chelsea B., Sherry B., Brandon P., Dorothy G., Jason B.,
Destiny B., Troy S., Shannon P.

Ashleigh U., Karen F., Linda N.

Up coming events:

- Lawrence County schools starts back up on the 9th
- 1st is National Girlfriend Day
- 5th is National Friendship and Sisters Day
- 13th is International Left Handers Day
- 19th is National Humanitarian Day

The she class schedule for the month

Monday	Tuesday	Wednesday	Thursday	Friday
Shop Arts and Crafts Science/History Money Management	Shop Art Sign Language Learning Games	Shop Art Nutrition Craft/Art	Shop Art Yoga/Meditation Newsletter	Shop Art Sensory/Games Fun Day
Shop Art Exercise/Dance Literature	Shop Art Employment/Sensory Craft/Art	Shop Art Money Management Newsletter	Shop Art Line Dancing Learning Games	Shop Art Drumming Fun Day

Spotlight

Interviewed and typed by:

SPOTLIGHT

Spotlight on Ashleigh



We ask Bedford LARC Center Ashleigh to be our spotlight and she replied with “yes”. The Newsletter committee ask her how long has she worked here and she replied with “2 years” and she has worked in healthcare for five years. She says she likes helping people. We ask what she enjoys about her job she said I like working with everyone. She just does not like getting up so early in the mornings. Before working here she was in ResCare in a group home as a DSP. She has no kids but she does have 1 dog and her name is (Pawn-Yo). Ashleigh also mentioned that she has one older brother, 3 older step brothers and two older step sisters. What would you know, Ashleigh is the baby. When in her spare time she enjoys spending time with her friends, family and doing arts and crafts. Especially likes making stained glass windows. Her favorite color is turquoise. She even said that she really enjoys hockey and she likes the Black Hawks team. Ashleigh said she would like to go to Hawaii. Last we ask if she had ever lived in any other state and she replied with yes Michigan for 2 years and she has been to Canada, Florida, Georgia, Kentucky, Texas, California, North and South Carolina, Virginia, Illinois and Ohio.

Recipe and Quote of the month

Recipe

Picked by: Joseph

Typed By: Joseph

Garden Vegetable fettuccini salad

- 1 Red Pepper cut into 1-inch pieces
- 1 Green Pepper cut into 1-inch pieces
- 2c. egg plant , cut into ½ inch pieces
- ½ c. onion , cut into 1-inch pieces
- 1 clove garlic, finely minced
- 1 tomato, chopped
- 8oz. fettuccini noodles, cooked
- 1T. roasted garlic flavored oil
- 2T. balsamic vinegar
- 1t. Italian seasoning
- 1T. fresh Parsley, minced
- ½ t. salt
- ½ t. dried rosemary
- 1t. coarsely ground black pepper
- non fat cooking spray

Coat the grill with cooking spray and preheat for 5 minutes place the peppers, eggplant, onion and garlic in the grill and cook for 6-8 minutes. In a large serving bowl, combine the grilled vegetables, chopped tomato and fettuccini noodles. Mix together the oil, vinegar, Italian seasoning, parsley, salt, rosemary and black pepper to make the salad dressing. Pour the dressing over the salad and toss gently to blend the flavors.

Serves 6.

Quote

by

Francois (VI) (Duc De La
Rochefoucauld)

Typed By: Brandon

Absence diminishes
mediocre passions and
increases great ones, as the
wind blows out candles
and fans fire.

CLIENT STORIES

Written By: Joseph

Typed By: Joseph

The pool

The pool is a fun place but it is a little Expensive, they have 1 slide and 2 diving boards, You can sit on a deck chair. The pool opens from 12:00pm to 6:00pm. When you get to the entrance you have to pay \$3.00 to get in for adults, children pay \$1.25 unless you buy a Pool pass they are \$50.00 for adults and free for children. You can get in the water and can go down the slide but you have to buy a slide pass they are \$1.50 you can also dive off the diving boards the pool is deep in some areas over the shallow 5 Ft 13Ft.

Written By: Kelly

Typed By: Haley

My favorite kind of music

I love listing to the oldies. I was born in the sixties when the girls were still wearing poodle skirts and saddle shoes; I do like some country music and Elvis; but most of all I just listen to oldies all the time.

PHOTOS



Clients artwork



Some decorations in the shop room



Chris got his guitar all painted.



Becky and David doing self portraits

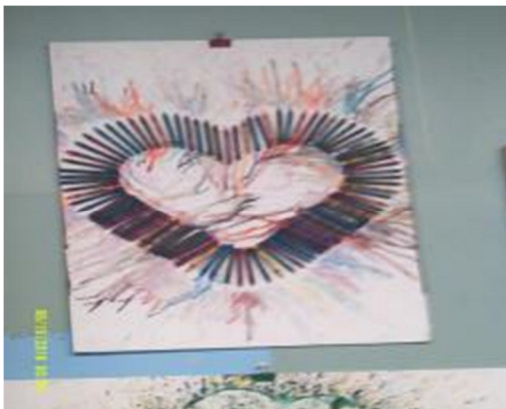
Photos



Chris and Amy in front of the "We love Stonebelt" wall



Chris striking a pose.



Crayon heart art work done in the shop room



Jason doing some art work.