



# Stone Belt

Volume 2, Issue 4

News Notes From LARC (Bedford)

April, 2013

Please send comments, calendar events, story ideas, and requests to receive this newsletter electronically to [bmcafoos@stonebelt.org](mailto:bmcafoos@stonebelt.org)

Newsletter Committee: Ashley ,Brenda ,Haley, Janice & Kelly

## Follow up on Client Council

The Client Council came up with different suggestions to do during large group morning and afternoon. Some of the suggestions that were brought up were changing the snack foods in the vending machines, to healthier snacks, such as apples, oranges and some other healthy foods and drinks. We also have talked about planting flowers outside in the front of LARC and who would water the plants and pick them out. We are continuing with the recycling the cans for the White River Humane Society. We also talked about doing different activities in morning and afternoon large groups.

Written by Newsletter Committee  
Typed by Haley  
Photos by Beth



## New Look for LARC

Freshly painted walls are being seen upstairs in Life Long Learning. The rooms are being done in two colors. The “News-Ladies” like the look. Artwork by the clients will be hung on the walls after all the painting is done. ALERT – follow up pictures in future editions

Written by the Newsletter Committee  
Typed by Janice  
Photos by Committee



### Spot –Light on Cindy Fish

Cindy Fish has worked for Stone Belt Arc, Inc. for about 2 years; and has been at LARC for the past 5 months. She has been married to Joe Fish for four years. She has three children; their names are Zachary who is 19; Kameron who is 17 and Jada who is 7. Cindy is a DSP; she works with Bonnie in the News Room.

Written by Brenda & Haley  
Typed by Haley  
Photo by Haley`



### Lisa and Yoga Class

The Newsletter Committee has interviewed Lisa in the past about her drumming class. This time we are speaking with her about her yoga class.

She has been teaching for a little over a year; she loves doing it. Lisa stresses the importance of stretching before doing poses to avoid hurting muscles.

Written by Brenda & Janice  
Typed by Brenda  
*Photos by Beth*



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## Mary Cassatt

Mary Cassatt was born May 22, 1844 in Allegheny City (part of present Pittsburgh) Pa.

Mary was five when her family moved to Philadelphia, Pa. Mary was seven when her parents set out by ship with their four children for Europe. She was sixteen when her father relented about Mary going to art school (he had been against it). Mary enrolled in the Pennsylvania Academy of Fine Art. During the fall of 1860 her first year at school Mary learned to paint by copying plaster casts of statues (women were not allowed to use live models) from ancient Greece and Rome. Mary's palette was black and white and variations of yellow, orange and brown.

Mary moved to Paris in 1866, She moved back to the U S in 1870. Mary returned to Europe in 1871. By the fall of 1877. Cassatt's parents and her sister moved to Paris to live with her. Lydia soon became her favorite model.

Cassatt took her mother to a coastal retreat in Spain in 1884. Mary Cassatt died on June 14, 1926 (at age 82). She was at Chateau de Beaufresne; near Paris, France

Mary had been an Impressionist painter. The movement showed paintings with pastels, simplified backgrounds and focused on the subjects. A couple of her paintings are The Boating Party and Tea.

Written by Kelly

Typed by Brenda & Janice



**April Life Long Learning Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>The Shop Arts &amp; Crafts Big Woof Circuit Training Sign Language Current Events Into the Community</i>	2 <b>The Shop The Studio Photography Yoga Newsletter Drumming Into the Community</b>	3 <b>The Shop Arts &amp; Crafts Walmart Practice with Money Dance Employment WRHS Into the Community</b>	4 <b>The Shop Arts &amp; Crafts Big Woof Cooking Class Newsletter Yoga Into the Community</b>  Client Council	5 <b>The Shop Arts &amp; Crafts Exercise Sight Words Cooking Class Community Bingo Into the Community</b>
8 <i>The Shop Arts &amp; Crafts Big Woof Circuit Training Sign Language Current Events Into the Community</i>	9 <b>The Shop The Studio Photography Yoga Newsletter Drumming Into the Community</b>	10 <b>The Shop Arts &amp; Crafts Walmart Practice with Money Dance Employment WRHS Into the Community</b>	11 <b>The Shop Arts &amp; Crafts Big Woof Cooking Class Newsletter Yoga Into the Community</b>  Client Council	12 <b>The Shop Arts &amp; Crafts Exercise Sight Words Cooking Class Community Bingo Into the Community</b>
15 <i>The Shop Arts &amp; Crafts Big Woof Circuit Training Sign Language Current Events Into the Community</i>	16 <b>The Shop The Studio Photography Yoga Newsletter Drumming Into the Community</b>	17 <b>The Shop Arts &amp; Crafts Walmart Practice with Money Dance Employment WRHS Into the Community</b>	18 <b>The Shop Arts &amp; Crafts Big Woof Cooking Class Newsletter Yoga Into the Community</b>  Client Council	19 <b>The Shop Arts &amp; Crafts Exercise Sight Words Cooking Class Community Bingo Into the Community</b>
22 <b>The Shop Arts &amp; Crafts Exercise Sight Words Cooking Class Community Bingo Into the Community</b>	23 <b>The Shop The Studio Photography Yoga Newsletter Drumming Into the Community</b>	24 <b>The Shop Arts &amp; Crafts Walmart Practice with Money Dance Employment WRHS Into the Community</b>	25 <b>The Shop Arts &amp; Crafts Big Woof Cooking Class Newsletter Yoga Into the Community</b>  Client Council	26 <b>The Shop Arts &amp; Crafts Exercise Sight Words Cooking Class Community Bingo Into the Community</b>
29 <i>The Shop Arts &amp; Crafts Big Woof Circuit Training Sign Language Current Events Into the Community</i>	30 <b>The Shop The Studio Photography Yoga Newsletter Drumming Into the Community</b>			Billy plays guitar and sings On Mondays 12:45 – 1:30