


Direct Support Professional Assembly, 2009

D-SPA Program Guide

Location: 
Sherwood Oaks
CHRISTIAN CHURCH
2700 East Rogers Road
Bloomington, IN 47401



Dates: Friday June 26 from 2-6pm
and Saturday June 28th from 9-3pm

Friday Events

10-3pm Pre-conference Workshop: Tom Pomeranz, Assuring Individual Rights - The Price of Liberty (note - you must register separately for this event)

2-4:30pm Reception: DSP Appreciation Activities, Community Information Booths, Complimentary Refreshments

4:30-6pm Keynote Speaker: Tom Pomeranz, Supported Routines - Best Practice Strategies for a Fulfilling Life, Door Prize Drawings

Saturday Events

9:00-10:00 First Session - Choice of Workshops: Fritz Kruggel (Behavior Clinician) - *How Behavior Works, Common Myths and Realities*; Gordon F. Holmes Jr. (Met Life) - *Financial Planning for Individuals with Disabilities, Making their Futures More Secure*; Meredith Short (Bloomington Hospital Positive Link) - *Becoming Sexually Able, Education for Individuals with Disabilities*

10:15-11:15 Second Session - Choice of Workshops: Kathy Auberry (SIDDNA) - *"It's Not Just Popping Pills!" - Direct Support Professional's Role in Medication Management*; Kimberly Newkirk (Outreach) - *Understanding and Recognizing Sensory Processing Disorders*, Mari Shawcroft (Stone Belt) - *Supporting Individuals with Dual Diagnoses*

11:30-12:30 Luncheon with Presentation: Mary Held (IIDC) and Shannon Gilbert (Stone Belt) - *The Indiana DSP Initiative and the National Association for Direct Support Professionals*; Complimentary Lunch, Door Prize Drawings

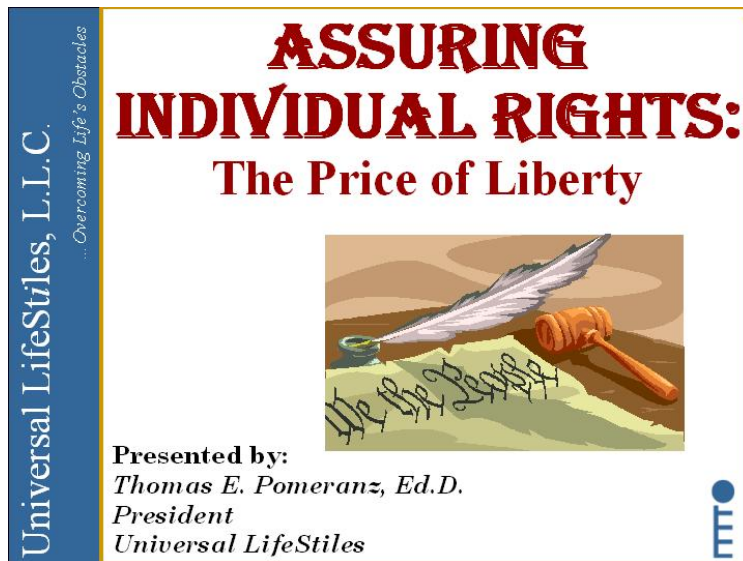
12:45-1:45 Third Session - Choice of Workshops: Fern Bonchuck and Jennifer Lung (PALs) - *Discover Equine Assisted Activities*, Maria Del Mar Carrasquillo (American Red Cross) - *Helping Individuals with Disabilities Prepare for a Disaster*, Susan Rinne (Options) - *A Holistic Approach to Employment*

2:00-3:00 Fourth Session - Choice of Workshops: Mary Held (IIDC) *Person-centered Supports*, Vaneeta Kumar (IUPUI) - *Basics of Epilepsy*, Suzi Rimstedt (SICIL) and Eli McCormick (Bloomington Transit) - *Way to Go Travel Training*.

PRE-CONFERENCE Workshop

Not included with conference registration (must sign up separately for this session)

**Friday 6/26 10am-4pm - Presented by Tom Pomeranz
Lamkin Hall - Ivy Tech, Bloomington**



Targeted at Service Coordinators, Case Managers, Teachers, QMRPs, and other professionals that help to coordinate disability support services, in this presentation, Dr. Pomeranz compares and contrasts the concepts of "Being free from" versus "Being free to."

Significant attention is focused on the covenant we hold with those we support of "do no harm." Tom details how this all important covenant serves to restrict people's options. Bounded choice as well as enlightened risk is central to assuring the protection of individual rights.

A prevailing theme of the presentation is that there are no rights without responsibility.

The session concludes with a discussion of the implications of risk assessment and managed risk as a framework in protecting individual rights.

FREE for employees from Options, Christole, or Stonebelt.

Friday's Conference Activities

Friday 6/26 2-4:30pm - Reception

Thank you to our SPA sponsors:

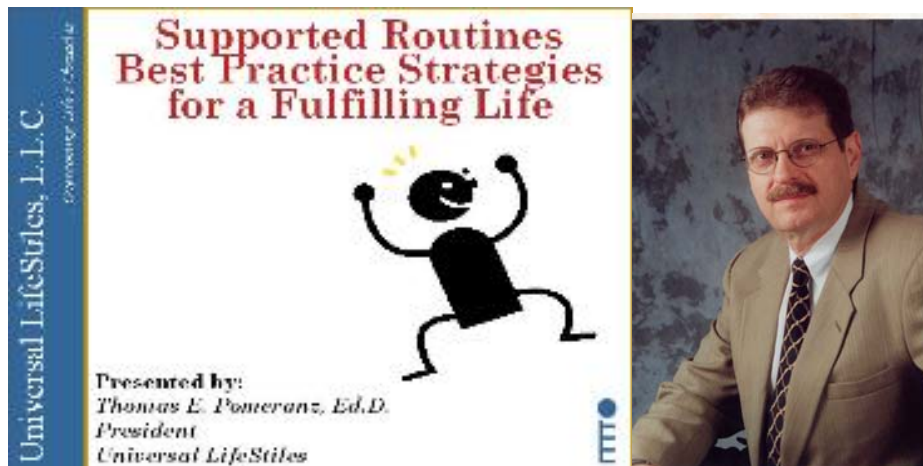
SPA and stress relieving activities available.

- YOGA CLASSES - YMCA
- MESSAGES - KIM CAPPS (Options)
- MINI MANICURES - CINDY JACOBS (Options)
- PARAFIN HAND-BATHS, JENNIFER HOWLETT (Options)
- EAR ACUPRESSURE - OSMON CHIROPRACTIC
- HEALTH STATION - SIHO and STONEBELT
- MASSAGE CHAIR - JAMI SARGENT (Stonebelt)



Complementary refreshments will be provided.

Friday 6/26 4:30-6pm - Keynote Speaker, Tom Pomeranz



This lively and informative session brings home the point that “habilitation is not a goal - it is a result.” People grow, develop and become more independent as a result of participating in meaningful life activities. The session details how supports should be delivered to allow individuals with significant cognitive, physical and/or behavioral challenges to participate in all aspects of their life. The session provides the participants with insight as to how our perceptions and expectations serve as barriers in providing support. The four supported routine outcomes (facilitating connections, maximizing independence, enhancing self-worth, and producing self-determination) are detailed and their life enhancing effects are reviewed. The maxim that “without a presence, there is no future” serves as the foundation for this session.

Dr. Tom Pomeranz is a nationally recognized authority, trainer, clinician and consultant in the field of services for people with disabilities. Over the last forty (40) years, Tom has conducted thousands of seminars and programs throughout the United States and Canada. His audiences praise his ability to combine information, humor, passion and storytelling into an informative whole that does not just present the information, but really communicates it in a memorable fashion.

D-SPA Community Information and Resource Booths (Friday and Saturday)

Please stop by our **REGISTRATION BOOTH**, for nametags, programs, and conference information, and our **DSP SURVEY BOOTH** to provide feedback and register for door prizes.



Southern Indiana Developmental Disabilities Nurses Association and Central Indiana Developmental Disabilities Nurses Association
Available at this booth (Friday and Saturday): educational health information and pamphlets



In-Home Healthcare Supply Co. DKC, Wholesaler of Disposable Healthcare Products (incontinence)
Available at this booth (Friday only): brochures and free sample packs



People & Animal Learning Services, Inc. People & Animal Learning Services, Inc. (PALS)
Available at this booth (Friday and Saturday): brochures and information about services



Options
Available at this booth (Friday and Saturday): chocolate, brochures, agency and employment information



Christole, Inc.
Available at this booth (Friday and Saturday): stuffer bags, brochures, agency and employment information



Stone Belt
Available at this booth (Friday and Saturday): brochures, agency and employment information



Bloomington Hospital Positive Link
Available at this booth (Friday and Saturday): condoms, educational brochures about various STDs, and information about services



American Red Cross - Monroe County Chapter
Available at this booth (Friday and Saturday): brochures and information



Gordon F. Homes Jr., CLU, ChFC, CFP® Met Life
Available at this booth (Friday and Saturday): brochures and information

NADSP

National Alliance for Direct Support Professionals
Available at this booth (Friday and Saturday): brochures, DSP code of ethics and skill standards, membership options



Outreach Services
Available at this booth (Friday and Saturday): brochures, information about upcoming free training sessions



IIDC, CEDIR
Available at this booth (Friday and Saturday): resource catalogues, materials for checkout, brochures and information.

Saturday's Workshop and Presentation Details

Saturday 6/27 9-10am - Choice of Workshops



Meredith Short, Community Health Educator
Becoming Sexually Able: Education for Individuals with Disabilities

This session will focus on how to discuss sexual health and HIV/STD prevention with persons with disabilities. It will address special issues relating to these individuals and how to make the messages effective. Group members will be encouraged to share examples and assist one another in brainstorming effective communication about these issues.



Fritz Kruggel, Behavior Clinician
How Behavior Works: Common Myths and Realities

A presentation will be provided on the subject of effective behavior change processes. Participants will receive important information about behavioral terminology and behavioral modification systems. Material will be illustrated utilizing published research, instructional texts, relevant anecdotes, and contrasted with common misconceptions encountered by one local behavior clinician.



Gordon F. Homes Jr., CLU, ChFC, CFP®, Met Life
Financial Planning to Support Individuals with Disabilities - Making Their Future More Secure

As the direction of Medicaid and SSI becomes difficult to predict and benefits often prove inadequate, it has become critically important for families to plan for the future of their member with Special Needs. Legal Issues, including Wills, Trusts, Special Needs Trusts, and Guardianship. Financial Issues, such as Special Needs Trust Funding, Medicaid and SSI. Family Issues, including Letter of Intent and Family involvement in the process are addressed in this workshop.

A Certified Financial Planner™ practitioner, Gordon specializes in Financial and Estate Planning for families who have children or dependents with Special Needs. He brings a unique perspective as an advisor and parent. He assists families with a myriad of issues including accessing public benefits, preserving benefit eligibility through Special Needs Trusts, and Guardianship concerns. A frequent speaker at parent support group meetings and state conferences, he is nationally recognized in the area of Special Needs planning issues, contributing to articles in The Washington Post, The New York Times, and Kiplinger's Personal Finance.

Saturday 6/27 10:15-11:15 - Choice of Workshops



Kathy Auberry, RN, MS, CDDN, Southern Indiana
Developmental Disabilities Nurses' Association (SIDDNA)
*"It's Not Just Popping Pills!" - Direct Support
Professional's Role in Medication Management*

This is an interactive, fun, and informative look, at the Direct Support Professional's role as a member of the team, responsible for medication management. The presentation will focus on the unique aspects of medication management in the field of intellectual disabilities, as well as celebrate the skills, dedication, and knowledge required of DSP's, in supporting persons with disabilities.



Kim Newkirk, Outreach Services
Understanding and Recognizing Sensory Processing Disorders

If you work with a person who responds sensitively or negatively to touch, movement, or specific ADLs or activities, this training may help identify why the person is responding that way and how to begin to address it effectively. This curriculum defines what sensory processing disorders are and how they may manifest in different individuals. There are examples of the effects of abnormal nervous system responses and arousal levels.



Mari Shawcroft, Stone Belt
Supporting Individuals with Dual Diagnoses

Mental illnesses may be difficult to diagnose in an individual with a developmental disability, and the treatment and supports required may be affected by that disability. If you assist an individual with a "dual diagnosis", or are just interested in learning more, join us in this session to discuss best practices in services.

Saturday 6/27 11:30-12:30 - Luncheon Presentation



Mary Held, IIDC and Shannon Gilbert, Stone Belt
Direct Support Professional Development - What Does the Future Hold?

The federal government and the State of Indiana are looking for ways to address a predicted caregiver shortage in the near future. Join us for lunch, and find out what support is available for professionals in our field. We will look at educational opportunities for DSPs as well as opportunities to participate in professional organizations like the NADSP.

A complimentary luncheon will be provided for all attendees, and door prizes will be awarded.

DOOR PRIZES:

- (2) \$100 cash - Christole (Friday AND Saturday)
- (2) 10-person First Aid/Biohazard Kit - American Red Cross(Friday AND Saturday)
- (1) YMCA Membership (Saturday)
- (2) \$25 gift cards - Aflac (Friday AND Saturday)
- (3) Spa gift baskets - SIHO (Friday AND Saturday)
- (2) Restaurant gift certificates - Guardian (Friday and Saturday)
- (2) \$50 gift cards - Ron, Bill C. Brown Associates (Friday and Saturday)
- (1) \$25 gift card - Ron, Bill C. Brown Associates (Saturday)



Saturday 6/27 12:45-1:45pm - Choice of Workshops



Fern Bonchek & Jennifer Lung, People & Animal Learning Services, Inc. (PALS)

Discover Equine Assisted Activities

People & Animal Learning Services, Inc. (PALS), located in Bloomington, IN was founded in 2000 and provides Equine Assisted Activities (EAA) such as therapeutic horseback riding lessons for individuals with physical, cognitive and emotional disabilities and at-risk youth ages four and up. In 2008, PALS will provide 1,800 therapeutic riding lessons to over 150 individuals. Come and learn about the benefits of therapeutic riding which range from improvements in self-confidence to stimulation of muscle and joint functions. Discover what a therapeutic riding lessons consists of, safety considerations/standards, how to find a program in your local area and about NARHA instructor certification and NARHA center accreditation.



Maria Del Mar Carrasquillo, American Red Cross - Monroe County Chapter

Helping Individuals with Disabilities Prepare for a Disaster

Since its founding in 1881 by visionary leader Clara Barton, the American Red Cross has been the nation's premier emergency response organization. As part of a worldwide movement that offers neutral humanitarian care to the victims of war, the American Red Cross distinguishes itself by also aiding victims of devastating natural disasters. Over the years, the organization has expanded its services, always with the aim of preventing and relieving suffering. Today, in addition to domestic disaster relief, the American Red Cross offers compassionate services in five other areas: community services that help the needy; support and comfort for military members and their families; the collection, processing and distribution of lifesaving blood and blood products; educational programs that promote health and safety; and international relief and development programs.

The American Red Cross is where people mobilize to help their neighbors—across the street, across the country, and across the world—in emergencies. Each year, in communities large and small, victims of some 70,000 disasters turn to neighbors familiar and new—the more than half a million volunteers and 35,000 employees of the Red Cross. Through over 700 locally supported chapters, more than 15 million people gain the skills they need to prepare for and respond to emergencies in their homes, communities and world.



Susan Rinne, Options

A Holistic Approach to Employment

Finding employment opportunities: It's everyone's job! This session will provide an overview of employment services including funding. It will address questions like, Why is employment so important? What is the role of the direct service professional in assisting people to find jobs? What do employers look for in an employee? How do I help someone find the best place for them to work?

Saturday 6/27 2-3pm - Choice of Workshops



Mary Held, IIDC

Person-centered Service Delivery

.Person-centered service delivery is supporting a person while searching to *learn more* about the person - what they are good at, what they like and want to know more about, and how we can assist him/her with leading more meaningful lives- on their own terms. This session will help you learn how to implement person-centered service-delivery in your day-to-day interactions with the individual you support.



Vaneeta Kumar, IUPUI
Basics of Epilepsy

Representing the Indiana University School of Medicine, Indiana Comprehensive Epilepsy Clinic, Vaneeta Kumar will be presenting an overview of Epilepsy and Seizure Disorders. The Indiana Comprehensive Epilepsy Clinic provides medical, vocational, education and social service referrals for those persons with epilepsy, as well as free epilepsy in-services throughout the state of Indiana.



Eli McCormick, Bloomington Transit and Suzi
Rimstedt, SICIL
Way to Go Travel Training

Learn how to train your clients and customers how to ride Bloomington Transit city buses. Includes training booklets, demonstration on how to read maps and schedules, and plan trips. Detailed bus information will be available.

Thank you to the organizations that sponsored this event with their financial donations.



If you are interested in attending D-SPA,
please register online at:

<http://www.stonebelt.org/dspconf.asp>

Or contact: Jami Sargent

jsargent@stonebelt.org

888-332-2168 x 302