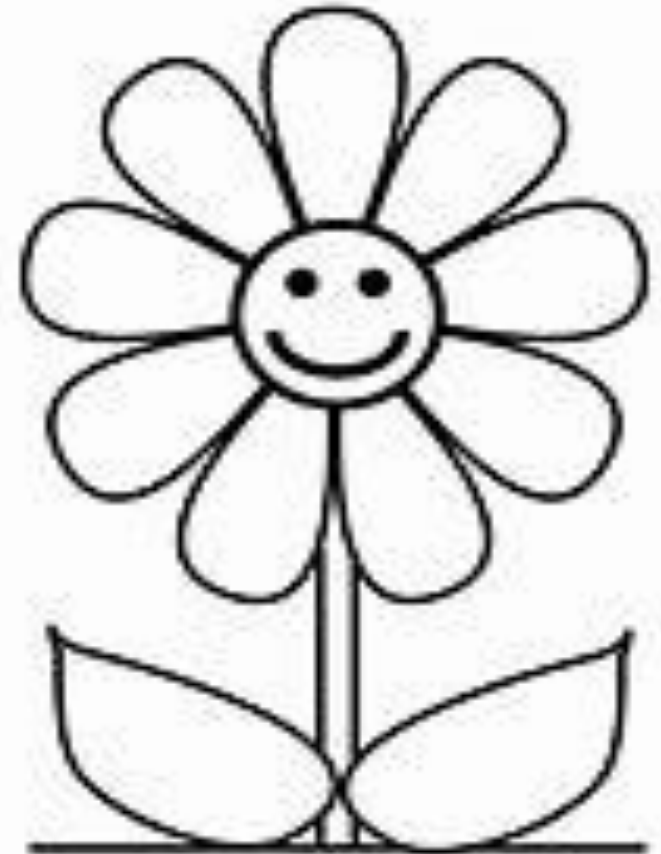





## Fun in the Park



Color Page

## May 2018 Lifelong Learning Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Special Programs
	<b>1</b> Morning Wake Up Fitness Club BCSC Transition Culinary Arts STEP Too Sound Bingo	<b>2</b> Morning Wake Up STEP Program Drumming Bowling Humane Society	<b>3</b> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting	<b>4</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Team Building	<b>Client Training</b> <b>5/15/18</b>  <b>Summer Time Safety</b>
<b>7</b> Morning Wake Up Re-Cycling UW Parachute Fun Computer Lab Performing Arts Walking Club	<b>8</b> Morning Wake Up Fitness Club BCSC Transition Culinary Arts STEP Too Sound Bingo	<b>9</b> Morning Wake Up STEP Drumming Health Matters Bowling Humane Society	<b>10</b> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting Number Bingo	<b>11</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Money Skills	Computer Lab @ the Library  
<b>14</b> Morning Wake Up Re-Cycling UW Exercising Computer Lab Sign Language Walking Club	<b>15</b> Morning Wake Up Fitness Club BCSC Transition Culinary Arts STEP Too Reading Program <b>Client Training</b>	<b>16</b> Morning Wake Up STEP Life Skills Bowling Humane Society	<b>17</b> Morning Wake Up YMCA Swimming BCSC Transitions Newsletter Math/Counting	<b>18</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Team Building	
<b>21</b> Morning Wake Up Re-Cycling UW Parachute Fun Computer Lab Performing Arts Walking Club	<b>22</b> Morning Wake Up Fitness Club Culinary Arts STEP Too Drumming Bingo	<b>23</b> Morning Wake Up STEP Program Drumming Social Skills Bowling Humane Society	<b>24</b> Morning Wake Up YMCA Swimming Newsletter Math/Counting Number Bingo	<b>25</b> Morning Wake Up Church Volunteer Sign Language Bowling Karaoke Money Skills	Swimming    Bowling  
Morning Wake Up Re-Cycling UW Exercising Computer Lab Sign Language Walking Club	Morning Wake Up Fitness Club Culinary Arts STEP Too Drumming Bingo	Morning Wake Up STEP Program Telling Time Bowling Humane Society	Morning Wake Up YMCA Swimming Newsletter Math/Counting Number Bingo		
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		



**Please remember to pack a cold lunch especially on days the clients bowl or go out in the community.**

**Please wear sneakers to prevent injuries during community outings.**

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Pictures – page 8

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S.T.E.P. and Culinary Arts Calendars – page 10

Other May Events Calendar – page 11

**Your Newsletter news crew this issue: Sam, Kent, Bob, Amber, Nicole, Zoe, Nick**

### Other May Events



1<sup>st</sup> - Batman Day

5<sup>th</sup> - Herb Day

5<sup>th</sup> – Free Comic Book Day

6<sup>th</sup> – Beverage Day

10<sup>th</sup> – Clean Up Your Room Day

11<sup>th</sup> – Eat What You Want Day

13<sup>th</sup> – Frog Jumping Day

15<sup>th</sup> – Chocolate Chip Day

17<sup>th</sup> – Pack Rat Day

18<sup>th</sup> – Pizza Party Day

No Dirty Dishes Day

20<sup>th</sup> – Be A Millionaire Day

24<sup>th</sup> – Scavenger Hunt Day

25<sup>th</sup> – Sing Out Day

27<sup>th</sup> – Sun Screen Day

28<sup>th</sup> – Hamburger Day

31<sup>st</sup> – Macaroon Day





### **WHO WE ARE**

Stone Belt is a not-for-profit organization that provides resources and supports for individuals with disabilities.

Established in 1958, it is the oldest and largest agency of its kind in south central Indiana.

### **Community Activities**

Group Recycling, Computer Lab, Community Awareness, Fitness/Walking Club, Culinary Arts, STEP, STEP Too, Humane Society, Bowling, Swimming, Gym time, & Volunteering in the Community.

### **Classroom Activities**

Morning Wake Up, Current Events, Exercise/Stretching, Newsletter, Photography, Art (Studio), Arts & Crafts, Academic Skills, Story Time, Movies, Games, Sign Language, Performing Arts, Health Matters, Bingo and much, much more.

# **The Stone Belt Buzz**



## ***May 2018 Edition***

***The Stone Belt Buzz was created by clients and staff of Stone Belts Lifelong Learning program in Columbus, Indiana to provide up-to-date information about the daily programs provided.***



*preparing, empowering and supporting individuals with disabilities*

1531 13<sup>th</sup> Street Columbus, IN

(812) 376-7149 [www.stonebelt.org](http://www.stonebelt.org)



## Tickle My Funny Bone



Why did the dolphin cross the beach?  
To get to the other tide!

Can bees fly in the rain?  
Not without their little yellow jackets!

Why is the letter A like a spring flower?  
A bee (B) comes after it!

What do you get when you plant kisses?  
Tulips!

How did the tree feel in the spring?  
Released

## Birthdays

*There are no May birthdays at LL Day program. Here are some celebrity birthdays instead.*

**2<sup>nd</sup> - Dwayne "The Rock" Johnson**

**3<sup>rd</sup> - Eric Church**

**4<sup>th</sup> - Lance Bass**

**13<sup>th</sup> - Robert Pattinson**

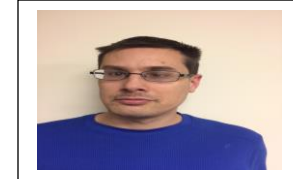
**13<sup>th</sup> - Stevie Wonder**

**16<sup>th</sup> - Janet Jackson**

**20<sup>th</sup> - Cher**

## Clients Corner

Kent has been with Stone Belt since August 2017 and has been coming to day program for the last 4 months. While here he likes art and bowling. In his free time he likes to listen to music, go shopping and go out to eat at Sirloin Stockade. Kent comes to Stone Belt Monday through Thursday. His birthday is September 9<sup>th</sup>.



Jamie has been coming to Stone Belt for 15 years while here he likes to go bowling and visit with his friends. Jamie enjoys working at his job at Sans Souci. In his free time, he likes to go out to eat, go to Dollar Tree and goodwill. He goes to stone belt Monday through Friday. His Birthday is March 2<sup>nd</sup>.



## S.T.E.P. CALENDER

1<sup>st</sup> & 2<sup>nd</sup>- Atterbury Outdoor Museum

8<sup>th</sup> & 9<sup>th</sup>- Stepping into fitness\YMCA Walking Trail

15<sup>th</sup> & 16<sup>th</sup>- Dining on a dime/Bring \$5

22<sup>nd</sup> & 23<sup>rd</sup>- Anderson Falls, Dress for outdoors/tennis shoes

29<sup>th</sup>- Volunteer @ Love Chapel Finance office/ Cleaning

30<sup>th</sup>- Volunteer @ Orphan Grain Train

## Culinary Arts Calendar

5/01- Fruit pizza

5/08- Raisin Bran Muffins

5/15- Mini Lasagna Cups

5/22- Tossed Green Salad

5/29- Smoothies

### Fun Food-Filled Fact:

A pineapple contains anti-inflammatory properties, helps aid digestion, relieves congestion, contains lots of fiber and vitamins, and is also a rich source of minerals.

## S.T.E.P. & S.T.E.P. TOO NEWS

S.T.E.P. TOO went to Columbus Police Department on Tuesday. They spoke with public information officer Matt Harris. They were lucky to get out!

