

Stone Belt

Volume 25, Issue 1

JANUARY 2019

This newsletter is produced and distributed by a committee of Stone Belt clients and staff. Please send comments, calendar events, story ideas and requests to receive this newsletter electronically to ldumond@stonebelt.org

Newsletter Committee: Haley, Joseph, Kelly, Michael, Troy and Editor Vicki

Current Events:

Typed By:

*Happy Birthday shout outs to:
 Chuck M., Gail W., Kelly D., Jana W., Mark A.
 And
 Staff: Hillary H., Melanie H.*

Up coming events:

- 1st News years Day
- 5th Nat'l Bird Day
- 9th Law Enforcement Appreciation Day
- 12th Nat'l Kiss a Ginger Day
- 19th Nat'l Popcorn Day
- 24th Nat'l Peanut Butter Day
- 27th SAG Awards
- * 4th Nat'l Trivia Day
- * 7th Nat'l Bobble head Day
- * 11th Nat'l Milk Day
- * 13th Critics Choice and Golden Globes Awards
- * 21st Martin Luther King Jr. Day and Nat'l Hug Day
- * 26th Nat'l Spouses Day
- * 30th Nat'l Croissant Day

The she class schedule for the month

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| Shop Arts and Crafts Science/History Money Management ----- | Shop Art Sign Language Basic Math ----- | Shop Art Nutrition Craft ----- | Shop Art Craft Newsletter ----- | Shop Art Sensory/Games Fun Day ----- |
| Shop Art Exercise/Dance Solar System | Shop Art Employment/Sensory English | Shop Art Dance Newsletter | Shop Art Yoga Key Board | Shop Art Drumming Fun Day |

Spotlight

Interviewed by: Michael

typed by: Vicki

SPOTLIGHT

Kaitlyn was interviewed and ask how long she has been working for Stonebelt and her title? She has 2 ½ years under her belt and is the weekend DSP. She was asked what she liked and disliked about her job. She stated everything and bugs. Kaitlyn had worked at Walmart before coming to work at Stonebelt. She has two little boys, two cats and one sister. She likes doing tie-dye, listens to music and watches wrestling in her free time. Her hidden talent is cooking. Her favorite color is maroon, and her dream vacation would be to go to the United Kingdom. Kaitlyn was ask if she had ever lived or been to any other state or country. She has only visited Tennessee.



Recipe and Quote of the month

Recipe

Picked by: Haley Typed By: Haley

Mint Milano's

YIELD: about 20 sandwich cookies

Total time: 2 ½ hours including resting time

COOKIES

- 1 ¼ CUPS (5 3/8 oz.) unbleached all purpose flour
- ½ teaspoon baking soda
- 1/8 teaspoon kosher salt
- 3 large egg whites
- 8 tablespoons (4 oz.) chilled unsalted butter cut into ½ in. cubs
- 1 c. (4 OZ) powdered sugar
- ½ teaspoon vanilla extract

CHOCOLATE FILLING

- 4oz semisweet chocolate, coarsely chopped
- ¼ teaspoon peppermint extract

MAKING THE COOKIES

Pre-heat oven to 300 degrees F. Line to large baking sheets with parchment paper.

Whisk the flour, baking powder, and salt together in a medium bowl. Set aside. Whisk the egg whites in a Separate small bowl for about 30 seconds, until bubbly, frothy, and slightly thickened but still liquid.

In the bowl of a stand mixer fitted with the paddle attachment, beat the butter and sugar together starting On low speed until the butter coats the sugar, then on medium speed for about 2 minutes until the butter is pale and creamy. Scrape down the bowl and add the egg whites in thirds on low speed, making sure each addition is fully incorporated before drizzling in more. Scrape the bowl again, add the vanilla, and stir to incorporate. There will still be a few small chunks of butter visible. Add the dry ingredients and stir. Put icing in between cookies.

Quote

Written By: Kelly

Typed By: Haley

When I was 5 years old, my mother always told me that the key to happiness was the key to life. When I went to school they ask me what I wanted to be when I grew up. I wrote down "happy". They told me I didn't understand the assignment and I told them they didn't understand life.

Anonymous

CLIENT STORIES

Written By: Kelly

Typed By: Haley

A New Years Day story

On New Years day people want their wishes to come true. I wished on one New Years Day that I would loose some weight and I did. All you have to do is work on it will come true, it worked for me.

The end

Written By: Joseph

Typed By: Joseph

Venus

The planet Venus is the 2nd planet from our sun star it has a rocky surface you could not live on Venus because it is not like earth, its atmosphere is thicker then Earth its clouds blocks the sun light and the air is carbon monoxide. It is toxic to humans so if you want to visit Venus you will need a space suit and a rocket.

Enjoy!!!!

Wish Upon A Star

Written by Dorothy

Have you ever had a lot on your mind that you couldn't think of anything to write down on paper? I'm having a hard time right now. Something just came to me about Christmas and New Years. What if you could wish upon a star what would you wish for? It's also the same on a shooting star.

1. _____
2. _____
3. _____

Christmas has came and gone but the New Year has just begun.

May all your Dreams

Come Ture

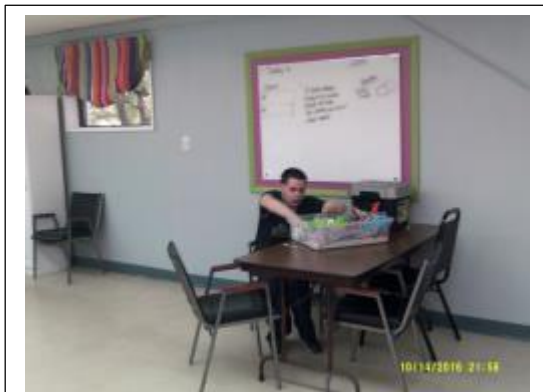
PHOTOS



Lisa is the Caption of this ship.



Freddy hanging out in his room.



Eric working with the sensory sand



Elvis impersonator

Photos



Travis and Lisa dancing away



Playing bingo with the Knights of Columbus



Bingo with the Knights of Columbus.



Bingo with the Knights of Columbus.

Photos



The Grinch and his trusty side kick.



The Grinch (Mike) and his trusty side kick (Daniel).



Bingo with the Knights of Columbus.



Jack having a fun day chilling in the room.